

Parents Process Group

This group is geared towards parents who are interested in connecting with similar individuals as they discuss the ups and downs of parenting

5:30 pm on the
first
Wednesday of
the month
via Telehealth



JOIN FOR AN OPEN FORUM - COMMUNITY OF PARENTS WHO WILL:

- Connect and share experiences, concerns and resources
- Experience a safe space to process through issues and find support from each other's experiences
- Discuss hot topics of sibling rivalry, difficulty with spousal connections and power struggles
- Learn how to establish the healthiest ways to provide support, guidance and love to your child(ren) and yourself.

**Insurance accepted
or contact for self pay
options**

**To enroll:
Contact Carly Ansell
cansell@integratedcareconcepts.com**

For more info:

[https://integratedcareconcepts.com/
group-therapy/](https://integratedcareconcepts.com/group-therapy/)

**Open
Enrollment!**

