

TEEN PARTIAL CARE PROGRAM

now including daily tutoring!

Innerspace Counseling strives to meet the needs of the children and families in our community. COVID 19 has created new difficulties this school year, particularly for families with teens that have mental and emotional health needs. We are happy to share that our virtual Partial Care Program will now include daily tutoring services.

Why Choose Innerspace:

- Our elite team of board certified psychiatrists & licensed clinicians ensure quality care
- Our systems-based approach strengthens supports by involving families in treatment
- Coordination of care with school counselors & outpatient clinicians creates consistency in care

What is included:

- Highly Individualized Assessment & Treatment Plan
- Group & Individual Therapy
- Medication Management
- Family Sessions
- Daily Group Tutoring to aid in remote learning



Innerspace Counseling will care for and empower your teen through this 6 week program, improving their long term health and well-being. The Partial Care Program treats teens between the ages of ages 12 - 17 with depression, anxiety, angry outbursts, self harm behaviors, frequent mood shifts, school refusal & more. We are in network with most major insurance companies.

To get started call 732-332-8270



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