



HACKENSACK MERIDIAN *HEALTH'S* HEALTHY CONNECTIONS: Helping You Reach Your Health Goals

WHAT DOES HMM HEALTHY CONNECTIONS OFFER?

- Tailored support in what you are interested in exploring to improve your health.
- Motivation to set goals and help you succeed.
- Assistance with completing applications and related paperwork.
- Connection to community resources for utilities, food, housing, counseling and more.
- Company during medical appointments and health-related activities.



Hackensack
Meridian *Health*

KEEP GETTING BETTER

Jennifer Morey,
Program Manager
551-237-4700

Jennifer.Morey@hmn.org