



## Adolescent Intensive Outpatient Program (IOP)

Provides supportive, structured care for teens ages 13-18 experiencing emotional, behavioral, or mental health challenges with co-occurring substance use issues.

### LOCATED IN FREEHOLD

CPC Freehold Counseling Center  
22 Court Street  
Freehold, NJ

### Program focus includes:

- Mental health and coping skills
- Substance abuse education
- Peer support and group therapy
- Family involvement

### CONTACT US

732-314-4174

Make a referral, or an appointment  
by contacting: 732-314-4174

- Inquire about transportation services.
- Individuals we serve can benefit from our trauma-informed, multidisciplinary approach to treating mental health and substance use disorders.

CPC ADMINISTRATIVE OFFICE:  
10 Industrial Way East, Suite 108  
Eatontown, NJ 07724

We accept Medicaid, Medicare  
and most private insurance.