



Roses for *Mothers-to-Be*

An intervention prevention program from the University of Michigan and Brown University that has been proven to reduce Postpartum Depression (PPD) in women by 50%.

Includes:
5 Workshop sessions
(In person or via online)
Nurse Visits
Gift Cards
Certificate of Completion

If you are pregnant and want to participate in an Evidence Based (PPD) Workshop please call us at 732-774-3282.

IMPACT 100
Jersey Coast