

# GET A MENTOR WITH BBBS!



Hackensack  
Meridian Health  
Jersey Shore University  
Medical Center

Join our Workplace Mentoring Program with Jersey Shore University Medical Center to receive a year of one-to-one mentoring support from an employee at the hospital. The program meets throughout the school year, two Wednesdays a month from 11:00 am-12:15 pm, at the hospital. At the sessions, Mentors & Mentees spend time together engaging in career presentations, visiting different departments, and learning about the healthcare field, all while developing a positive friendship!

## BENEFITS OF WORKPLACE MENTORING

- Connect with healthcare professionals and positive role models
- Learn about the wide range of opportunities and different roles at the hospital
- Assistance with goal and future planning and career readiness
- Engage in fun and informative tours, presentations, and activities

### What does it require to be a Mentee?

1. Commit to attend the program for 1 school year
2. Complete an application via this QR code.
3. Complete a brief interview with a BBBS staff member



## QUESTIONS?

Contact Lauren Sherman at  
848-231-6411 or [lsherman@mentornj.org](mailto:lsherman@mentornj.org)

