

BEREAVEMENT GROUPS

CHILDREN'S ART THERAPY PROGRAM

One Riverview Plaza, Red Bank, NJ 732-530-2382 ext. 3035

Riverview Medical Center's Art Therapy Program is hospital based for children from 4 to 13 years old who have experienced the death of a loved one, or who live with a chronically ill family member. Program consists of required family consultation; seven-week course of therapy; closed group settings, grouped by age; concurrent parent sessions; and exit assessment/recommendation.

GRASP (Grief Recovery After Substance Abuse Passing)

Star and Barry Tobias Ambulatory Center at CentraState Medical Center

901 Main Street, Freehold, NJ (Abby) 908-692-3072

Support for parents, families, and friends who have lost a loved one to a substance abuse passing. Provides an opportunity for persons to share their grief without shame. Meets on the 2nd Sunday of the month, from 1-3:30 PM.

HEALING HELPERS

Bayshore Medical Center, North Beers Street – 2nd floor, Holmdel, NJ

Chaplain Anna Esposito 732-739-5832

Support group for those grieving during life changes and loss. Meets on the 2nd and 4th Tuesday of the month for afternoon sessions from 1:00- 2:30 pm and evening sessions from 7:00-8:30 pm

LIVING WITH LOSS

Star and Barry Tobias Ambulatory Center at CentraState Medical Center

901 Main Street, Freehold, NJ 732-294-2744

Bereavement program where members form close bonds as they work toward putting the pieces of their lives back together. Open to any adult needing assistance with the emotional adjustment of loss. Meets on the 2nd and 4th Wednesday of each month from 3:30-5:00 pm

LOST & FOUND

Monmouth County Library Headquarters

125 Symmes Drive, Manalapan, NJ (Beth) 732-462-5240

A journey in empathy and support for adults who have experienced the loss of a loved one.

ST. AMBROSE ROMAN CATHOLIC CHURCH

96 Throckmorton Lane, Old Bridge, NJ 732-679-5666

This is a support program for all family members. Two annual sessions – Spring and Fall – meets in the St. Anthony Room every Thursday at 6:30 pm, for eight weeks.

TEMPLE SHAARI EMETH

400 Craig Road, Manalapan, NJ 732-462-7744

A bereavement support group for widows and widowers, age 45 and older. The group meets at 7:30 pm, every other Thursday.

THE MOURNING AFTER – SURVIVING THE LOSS OF A LOVED ONE

Center Playhouse, 35 South Street, Freehold, NJ 732-955-4132

Professionally run bereavement group for individuals experiencing painful and powerful emotions. Meets on the first Friday of the month from 11:30am to 1:00 pm. Small donation requested for space usage. Please call in advance.

THE NEW DAY / ST. MARY'S MINISTRY OF CONSOLATION

St. Mary's Parish - One Phalanx Road, Colts Neck, NJ

Marilyn Symone 732-547-4668

A nine-week program for those who are grieving the death of loved ones and want to work through the tasks of grief in a structured way using *The New Day Journal, A Journey from Grief to Healing*. Sessions include readings, reflection, sharing, and journaling. Also available are a One on One support program, and a Singles Journey for widowed, divorced, separated, or never married individuals that meet on Sundays at 11:45.