

Primary Lead Poisoning Prevention

Goal: Reduce the incidence of lead poisoning in Freehold Borough

Strategy 1: Foster collaboration among housing, community development, code enforcement, elected officials, governmental agencies, property owners, and residents to advance a lead poisoning prevention program

Strategy 2: Reduce the number of homes in Freehold Borough that have lead paint hazards

NCTH offers the following services in Freehold Borough:

- **FREE lead education, i.e. what is lead and what are the risks?**
- **FREE home lead risk assessments**
- **FREE at-home lead testing kits**
- **Connections to Freehold Area Health Department for lead inspections**
- **Connections to partner agencies for remediation support**

Additionally, NCTH has:

- **Worked to pass a lead-safe housing ordinance for Freehold Borough (the first of its kind in NJ!)**
- **Screen children for elevated blood-lead levels in partnership with Borough schools and local physicians**



Origin of NCTH in Greater Freehold

- **Focus groups & health status indicators from FAHD**
- **Creation of Blueprint for Action**
- **Organization of committees**
- **Collaborations and partnerships**



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Robert Wood Johnson Foundation



Children & Family Health Institute

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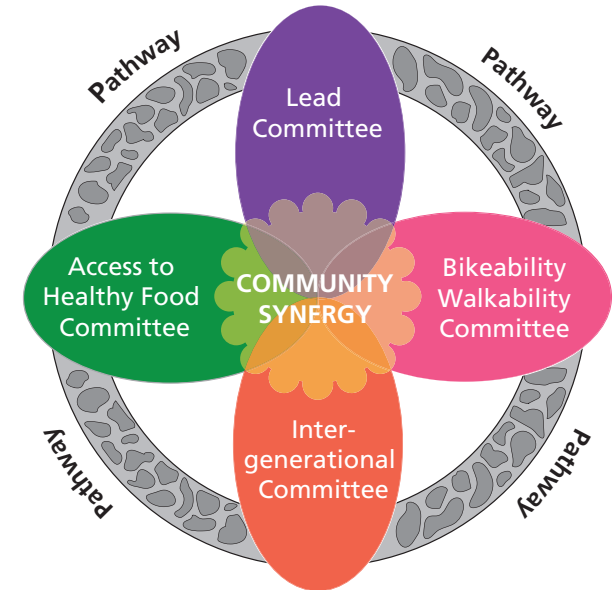
NEIGHBORHOOD
CONNECTIONS
TO HEALTH

597 Park Avenue, Freehold, NJ 07728

<https://www.ncthnj.org>



NEIGHBORHOOD
CONNECTIONS
TO HEALTH



“Build community partnerships to connect all Freehold residents to healthy living”

Bikeability/Walkability

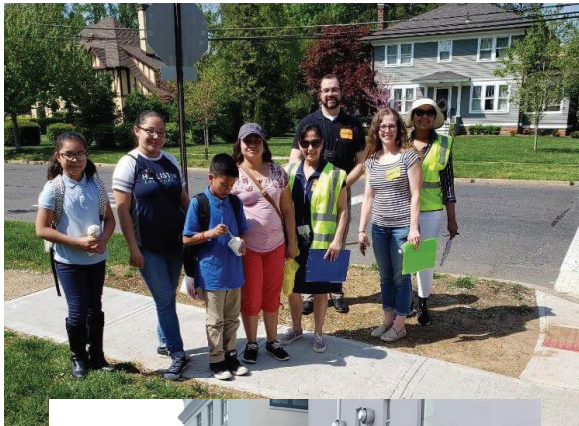
Access to Healthy Food

Intergenerational Activities

Goal: Increase physical activity and improve nutrition among Greater Freehold residents

Strategy 1: Improve resident satisfaction with the physical environment by promoting increased physical activity through enhancing walkability and bikeability

- Bike helmet distribution
- Walk audits
- Installations of bike racks



Strategy 2: Increase access to healthy food options in Freehold Borough. Ask NCTH staff members about:

- Fulfill/NCTH Mobile Food Pantry - Freehold Borough
- Freehold Borough Community Garden
- DowntownFreehold.com Farmer's Market Vouchers
- Freehold Food Safety Net



Strategy 3: Enhance access to community physical activity programs and social connectedness among residents of Greater Freehold.

PAST EVENTS AND EFFORTS:

- Annual Multicultural/Multigenerational Luncheon
- Freehold Borough Senior Appreciation Day Poster Contest
- Intergenerational Zumba and crafts (YMCA)

CURRENT EFFORTS (2021):

- Freehold Intergenerational Community Council (FICC)
 - 14 member group comprised of borough residents
 - Leadership training with intergenerational framework

