

Find Hope, Health and Happiness at Advanced Health



Advanced Health & EDUCATION

Advanced Health and Education provides day treatment for substance use, co-occurring and mental health disorders. Our collaborative, empathetic team provides a full continuum of personalized treatment.

Advanced Health & Education offers you:

- ✔ Personalized treatment for addiction, co-occurring and mental health disorders such as depression, anxiety, grief and loss, bipolar disorder, and other challenges you may experience
- ✔ Specialized treatment options include:
 - ▶ Emotional Wellness focus for those managing co-occurring symptoms
 - ▶ Alternative Wellness for those who seek a more holistic approach
- ✔ Clients are grouped based on life experiences and assigned a primary therapist based on therapeutic need
- ✔ Clients spend a minimum of six hours a week with their primary therapist for individual and group sessions.
- ✔ Day program consists of structured treatment six days a week
- ✔ All groups are led by clinical staff.
- ✔ Therapeutic modalities used: CBT, DBT principles, Motivational Interviewing, Small group process
- ✔ Alternative approaches include mindfulness, yoga, meditation, acupuncture, chiropractic services, pet therapy, drum circle, art experiences, therapist facilitated outings and more
- ✔ Transportation is provided for private essential appointments such as medical visits, legal or court matters
- ✔ We work with most insurance companies
- ✔ We collaborate with local detoxes for stabilization, when needed
- ✔ Individualized continuing care* plan developed by you and your clinician
- ✔ Our admissions team is available 24/7

*Ask about our alumni program and family liaison services for continued success

CONTACT

Call **Michael LaPietra** at **(732) 474-7224** for more information or **(833) 501-3446** to talk to an admissions specialist about you or someone you know.



HEALING BEGINS HERE

Proud member of


Sprout
HEALTH GROUP