Find Hope, Health and Happiness at Advanced Health





Advanced Health and Education provides day treatment for substance use, co-occurring and mental health disorders. Our collaborative, empathetic team provides a full continuum of personalized treatment.

Advanced Health & Education offers you:

Personalized treatment for addiction, co-occurring and mental health disorders such as depression, anxiety, grief and loss, bipolar disorder, and other challenges you may experience

Specialized treatment options include:

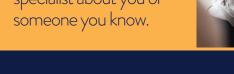
- Emotional Wellness focus for those managing co-occurring symptoms
- Alternative Wellness for those who seek a more holistic approach
- Clients are grouped based on life experiences and assigned a primary therapist based on therapeutic need
- Clients spend a minimum of six hours a week with their primary therapist for individual `and group sessions.
- Oay program consists of structured treatment six days. a week

- Therapeutic modalities used: CBT, DBT principles, Motivational Interviewing, Small group process
- Alternative approaches include mindfulness, yoga, meditation, acupuncture, chiropractic services, pet therapy, drum circle, art experiences, therapist facilitated outings and more
- Transportation is provided for private essential appointments such as medical visits, legal or court matters
- We work with most insurance companies
- \bigcirc We collaborate with local detoxes for stabilization, when needed
- Individualized continuing care* plan developed by you and your clinician
- Our admissions team is available 24/7

*Ask about our alumni program and family liaison services for continued success

0 * Call Michael LaPietra at (732) 474-7224 for more information or (833) 501-3446 to talk to an admissions specialist about you or





All groups are led by clinical staff.

HEALING BEGINS HERE

Proud member of