

# HEALING COMMUNITY



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YMCA COUNSELING & SOCIAL SERVICES TRAUMATIC LOSS COALITION

**THE TRAUMATIC LOSS COALITION** lead by The Community YMCA's Counseling & Social Services is a year-round statewide program created to provide support for schools and communities who have experienced suicide or other traumatic loss and to work together to prevent suicide. The Community YMCA TLC coalitions are made up of over 140 members including school personnel, medical personnel, law enforcement officials, clergy, and mental health providers.

Operated by the Rutgers University Behavioral Healthcare and funded by the New Jersey Department of Children & Families Division of Family and Community Partnerships, Office of School Linked Services, the TLC aims to help prevent youth suicide, the third leading cause of death among young people between the ages of 15 and 24 according to the Centers for Disease Control and Prevention.

Services offered by TLC including consultation, on-site response, and trainings for schools and community based organizations that work with youth.



### MONTHLY TLC MEETINGS:

**Monmouth County** 3<sup>rd</sup> Thursday of every month | 8:30–10:30 a.m.  
Monmouth County Human Services Building, 3000 Kozloski Road, Freehold, NJ

**Ocean County** 3<sup>rd</sup> Wednesday of every month | 9–11 a.m.  
Ocean County Human Services Building, 1027 Hooper Avenue, Toms River, NJ

Visit [cymca.org/events](https://cymca.org/events) for more information.

### THE COMMUNITY YMCA

Counseling & Social Services Outreach Office

613 Hope Rd. Bldg. 4 Flr. 2  
Eatontown, NJ 07724

P. 732.290.9040

[outreach@cymca.org](mailto:outreach@cymca.org)

[TheCommunityYMCA.org](https://TheCommunityYMCA.org)



**Here for all.**

Financial assistance is offered  
based on availability of funds.

519-4645-CSS

**THE TRAUMATIC LOSS COALITIONS FOR YOUTH PROGRAM (TLC)** is New Jersey's primary suicide prevention program funded by the New Jersey Department of Children and Families, Division of Family and Community Partnerships. The TLC Program is an interactive, statewide network offering training, collaboration and support to professionals working with school-age youth.

The dual mission of the TLC is excellence in both suicide prevention and trauma response assistance to schools following sudden losses due to suicide, homicide, accident and illness. The purpose of the TLC is to ensure that those working with youth from a variety of disciplines and programs have up-to-date knowledge about mental health issues, suicide prevention, trauma response, and resiliency enhancement.



The TLC has operated as a county-based collaborative since 2000 with a TLC Coordinator in each county. These County Coordinators provide Coalition meetings throughout the year bringing together school personnel, mental health clinicians, juvenile justice personnel, law enforcement officials, social service agencies and child welfare workers. These meetings are effective forums for reviewing crisis events, identifying service needs, and providing professional development through the inclusion of an educational presentation.

The TLC Coordinators also work within their counties to develop and support a Leader Response Team (LRT). These LRT teams remain available to assist schools when needed following a traumatic loss event. The members of these teams utilize evidence based approaches to trauma response.



As a measure of prevention, parents or guardians concerned for their child are encouraged to consider the following:

- > Changes in behavior such as isolation or shifting from outgoing to reserved, and changes in friends
- > Ask your child/teen about changes you have observed. Using statements such as "I noticed" can be helpful.
- > Get involved and seek professional help.

Parents who are concerned that their child might be thinking of taking their own life should call Monmouth County Psychiatric Emergency Screening Services at 732.923.6925 or Ocean County Psychiatric Emergency Screening Services at 866.904.4474.

### **CONTACT OUR Y'S TLC TEAM FOR MORE INFORMATION:**

#### **MONMOUTH COUNTY**

**732.956.7782 | [hstoto@cymca.org](mailto:hstoto@cymca.org)**

#### **OCEAN COUNTY**

**732.963.7132 | [svalenziano@cymca.org](mailto:svalenziano@cymca.org)**