

# Programs & Services

## Programas y Servicios

- Individual & Group Support  
(Apoyo emocional)
- Nutrition Programs  
(Educación de nutrición)
- Mind & Body Classes  
(Clases de salud)
- Educational Workshops  
(Programas educativos)
- Support4Families  
(Apoyo para familias)
- My Voice Matters: Treatment Decision Support  
(Herramientas de apoyo a decisiones)
- Resources & Referrals  
(Recursos y referencias)
- Financial Assistance  
(Asistencia financiera)



Community Outreach & Our Events go to:  
<https://crossroads4hope.org/calendar/>



**Crossroads4Hope®**  
A NETWORK OF CANCER SUPPORT  
Taking On Your Cancer Journey. Together.®

[crossroads4hope.org](https://crossroads4hope.org) | @cr4hope



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This group has been a HUGE help to my family, especially my littles during my cancer journey. They are there for other thrivers and survivors and their families all free of charge.



**Jean Marrano**

Survivor, CR4H Member



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Cancer Support  
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# Mission

Our network embraces all people touched by cancer — the diagnosed and their loved ones — to become empowered to take control of their health and care, through programs of support, resources, education, wellbeing, and hope.



# Vision

Our Vision is to be THE safe space where people turn first to restore one's whole being and family.



## When Cancer puts you at Crossroads... you are not Alone.

**At Crossroads4Hope we break down barriers to healthcare that put peoples lives at risk**

Joining our community simply starts with enrolling into **MyGo2Support**.

You will have access to support 24/7 at your fingertips without having to download an app.

### MyGo2Support connects YOU to:

- Licensed professionals to discuss your concerns
- Routine check-ins to address individual support, resource navigation, and referrals
- My Voice Matters, a program to prepare you for shared treatment decision-making with your oncologist
- Digital companion that subtly delivers ongoing tips and information specific to where you are on your cancer journey
- Crossroads4Hope's essential programming focused on support, education, nutrition, and wellbeing



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When families are impacted by a pediatric cancer diagnosis, adult cancer diagnosis or coping with a loss due to cancer Crossroads4hope, Support4Families child life specialists will:

- empower families with communication strategies
- share positive coping mechanisms
- offer opportunities for creative expression
- engage members through social connections
- provide emotional support in individual, family, and group formats

Our unique approach ensures individualized care for each family to best suit their needs.



Taking Control of My Cancer Care.

We are mobilizing Health Champions to act as “first-responders” in key vulnerable communities to help close the cancer care gap. We prepare individuals to engage in shared treatment decision making with their healthcare team, because your voice matters!