

OUR PROGRAMS

**ADULT MENTAL HEALTH PHP/IOP
& ADOLESCENT MENTAL
HEALTH IOP (PHP soon)**

**ADULT & ADOLESCENT SUBSTANCE
ABUSE IOP**

OUTPATIENT COUNSELING

ABOUT US

Center For Wellness was founded by Dr. Gagandeep Singh, MD, a double board-certified child/adolescent and adult psychiatrist.

We aim to be a premier provider of mental health and substance abuse services on a partial care, intensive outpatient and outpatient level.

**Nourish and Cultivate a New
Beginning . . .**

**IMMEDIATE APPOINTMENTS
AVAILABLE**

PROGRAM SERVICES INCLUDE:

COMPREHENSIVE ASSESSMENT

PSYCHIATRIC EVALUATION*

MEDICATION MANAGEMENT*

GROUP THERAPY

INDIVIDUAL THERAPY

FAMILY SUPPORT

FAMILY AND CLIENT EDUCATION

**As part of PHP/IOP programs*

**Please Contact Us For
More Information**

732-655-4CFW (4239)

WWW.CENTERFORWELLNESSNJ.COM



CENTER FOR WELLNESS

At Center For Wellness, we strive to put the needs of the client first, while making medically and clinically appropriate recommendations to help them achieve success in conquering their symptoms.

With a dedicated and professional team, we aim to provide outstanding and clinically unparalleled treatment.



Scan the QR code to visit our site



CENTER FOR WELLNESS

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Email: info@centerforwellnessnj.com

f facebook.com/cfwnj

t twitter.com/cfwnj

in linkedin.com/in/cfwnj

OFFICE HOURS/SCHEDULE

Day	Hours
Monday	9:00 am-9:00pm
Tuesday	9:00 am-7:00pm
Wednesday	9:00 am-9:00pm
Thursday	9:00 am-9:00pm
Friday	9:00 am-5:00pm
Saturday	Closed
Sunday	Closed

We are centrally located in Monroe Township, Middlesex County, which borders on Monmouth and Mercer Counties, and we are roughly 20 minutes from Princeton, New Brunswick, Freehold, and Jackson.

We are within 3-5 miles of, and easily accessible from, the NJ Turnpike, Route 33 and Route 130.



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