

ommunity Care Behavioral Health is a psychiatric partial care day program licensed by the Division of Mental Health Services, led by a management team with over 30 years of professional experience working with consumers with severe and acute mental illness. The program provides a comprehensive array of psychiatric rehabilitation treatment and services that include case management, counseling, group therapy, skills building groups, co-occurring disorders groups, psychoeducation, psychiatric evaluations and medication monitoring, pre-vocational and work skills groups, therapeutic recreational and social activities. CCBH provides specialized tracks for individuals, who in addition to having a mental illness also have substance abuse issues or developmental disabilities.

Consumers are encouraged to believe that change is possible, that they can learn or acquire skills necessary to reach their goals and to actively participate in their recovery through participation in a variety of groups and activities.

# Overview of Services

- Psychiatric/ Medication services and monitoring
- ♥ Case Management, Individual, group & family counseling
- ▼ Individual treatment planning
- **♥** Multi-disciplinary treatment team
- **♥** Co-occurring Services
- Specialized Tracks based upon cognitive abilities (Advanced Education, Co-Occurring, Young Adults, Stabilization of Mental Illness, MI/DD Consumers)

# **Admission Criteria**

- NJ Resident, 18 years or older
- Medicaid Recipient or Eligibility for Specialized Medical Benefits
- History of Psychiatric Illness/ History of Psychiatric Hospitalization or at risk of Psychiatric Hospitalization
- Reasonable expectation of benefiting from this level of partial care treatment

### **Transportation**

Is provided by CCBH vans or by Board of Social Services contracted Medicaid taxi companies. Piscataway program (Middlesex, Union and Somerset Counties). Freehold program (Monmouth and Ocean Counties).

### Meals

CCBH will also provide at no additional cost,

the following:

Breakfast · Lunch · PM Snack

## **Appointments**

Intake appointments and a program tour can be arranged by calling the Executive Director or Program Coordinator.

### **Additional Services Provided:**

## **Program Hours**

Monday through Friday 9:30 a.m. – 4:00 p.m.

# Community Care Behavioral Health

131 Ethel Road

3443 Route 9 North

Piscataway, NJ 08854

Freehold, NJ 07728

732-572-4666

732-462-5553

www.communitycare.us

THE DOOR IS ALWAYS