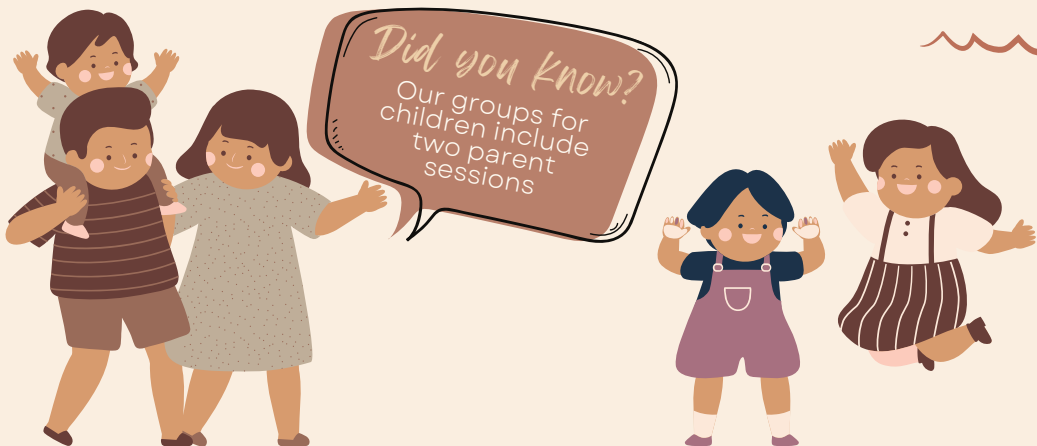


# Children's DBT-Informed Skills Group

A therapeutic group for children that teaches skill building relating to identifying & naming feelings and emotions, managing stress and difficult situations, working through "big" emotions, and communicating with others.



*Perfect for children who:*

*8-week commitment required*

- have trouble getting along with others
- find it difficult to control their emotions
- exhibit impulsive behaviors
- have difficulty maintaining peer relationships

For more information, or to register, contact us:  
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