



TREATMENT MODALITIES

Transcranial Magnetic Stimulation
(TMS)

Spravato (esketamine)

Psychiatry/Medication Management

Psychotherapy

EXPERIENCE RELIEF TODAY!

We aim to create a new standard for mental health care, offering a continuum of innovative therapeutic interventions and responding to evolving patient needs.

Relief Mental Health services are covered by insurance. We are in network with most major insurance carriers including including Medicare and Tricare.

LOCATIONS

Chicago

- Lakeview
- West Loop

Northbrook

Oak Brook

Orland Park

Red Bank, NJ

Rockford

St. Charles

Warren, NJ

West Allis, WI



RELIEF
MENTAL HEALTH
THE MIND SOLUTION

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TMS

Transcranial Magnetic Stimulation is a non-invasive and effective treatment that works by utilizing electromagnetic fields to safely and effectively regulate the neural activity of brain structures related to the targeted mental health condition. Sessions are 20 minutes, have no systemic side effects, and require no anesthesia. As treatment progresses, symptoms become less frequent and less severe, allowing the patient to enjoy a better quality of life. We use BrainsWay Deep TMS technology, which is FDA-approved to treat major depressive disorder, obsessive compulsive disorder, smoking cessation and anxious depression, and has proven results.

PSYCHEDELICS

Relief Mental Health is a REMS-certified provider of SPRAVATO® (esketamine) for adults with treatment-resistant depression or major depressive disorder with suicidal ideations. Intranasal esketamine does not require an IV and is painless. Many patients qualify for the Spravato savings program creating very little out of pocket cost. Our treatments are developed with individual needs in mind creating a personalized space for healing. By putting our patients' needs first, we provide expedited and personalized care. We're committed to helping you find relief.



WHAT WE OFFER

Relief Mental Health will design a personal care plan to help you achieve optimal results and increase your chances of remission. Using a combination of SPRAVATO®, TMS, medication management, and talk therapy, our care can be structured to fit the individual needs of patients requiring more than just traditional psychiatric care.



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