



MIND BY DESIGN

COUNSELING & CONSULTATION

www.MindByDesignLLC.com

ONLINE THERAPY FOR
CHILDREN, ADOLESCENTS & ADULTS IN NEW JERSEY

WHO WE ARE

WHAT WE TREAT

REBECCA SIDOTI, LCSW



OCD, Phobias, Panic Attacks & Social Anxiety

KRISTIN JUSTICE, LAC



Grief & Loss, Anxiety, Depression, School Refusal, Family Conflict, Academic Stress, Adjustments

MARILYN DEFALCO, LCSW



LGBTQ+ Wellness, Substance Misuse, Trauma, PTSD & Abuse

HOW WE HELP

Traditional Talk Therapy

Virtual Reality Therapy

Creative Art Expression Therapy

Ketamine Assisted Psychotherapy(KAP)*

In-Home, In-Community, Telehealth

**Must be 18+ with medical assessment for KAP services*

*** In-School supports based on location and therapist availability*

COST OF SERVICES & INSURANCE INFO

	Intake Eval	60 Minute Session	VR/Art Expression	KAP
Fully Licensed Therapist	\$250	\$175	\$200	Please Inquire
Provisionally Licensed Therapist	\$200	\$135	Please Inquire	Please Inquire
Intern	\$100	\$60	Please Inquire	Not Applicable

We are an out-of-network provider, therefore clients pay for the services at the time services are rendered. We provide clients with a monthly "superbill" (like a receipt) that they may send to their insurance for potential reimbursement. To know if you have to OON benefits, you can call your insurance company. If you are unsure, please call us and we will help you navigate your insurance benefits.

GET IN TOUCH

Call/Text: 609-300-6481

Email: info@mindbydesignllc.com