



New Support Group in Monmouth County



starting
Friday, May 8!

“Mind Matters”



“Mind Matters” will be a weekly support group for individuals living with brain injury, offering a welcoming space for connection, shared experiences, and mutual support.

Sessions may include open discussion, lunch-and-learns, or guest speakers focused on recovery, resources, and everyday life “matters.”



**MEETINGS WILL BE HELD
ON FRIDAYS AT 11 A.M.**



TRINITY CHURCH
65 West Front Street
in Red Bank
(with the option to join virtually)



MORE INFO:
[https://www.bianj.org/support/
#1691105639520-9a74e7e7-1128](https://www.bianj.org/support/#1691105639520-9a74e7e7-1128)



QUESTIONS OR MORE INFO?
Contact Hillary at
hillaryrhartnett@gmail.com



BIANJ
Brain Injury Alliance
of New Jersey

SUPPORT. EDUCATION.
ADVOCACY. HOPE.
Stronger together.

