



Hours

- Monday - Thursday 8 a.m. to 7 p.m.
- Friday 8 a.m. to 5 p.m.
- Saturday 10 a.m. to 4 p.m.
- Sunday Closed

An on-call staff member is available 24 hours a day, including holidays. Individuals may be referred by others or be self-referred.

To learn more about the EISS program, call **732-922-1042**.

RWJBarnabas HEALTH | **Monmouth Medical Center**

3301 Highway 66, Building B, Suite 100
Neptune, NJ 07753
732-922-1042

23967293-02/24

Early Intervention Support Services (EISS)

Providing rapid access to recovery-oriented mental health treatment.

RWJBarnabas HEALTH | **Monmouth Medical Center**

About the EISS Program

Monmouth Medical Center's EISS program provides up to 30 days of outpatient treatment to those experiencing mental health issues that are severe enough to place them at risk of needing hospital services. EISS program staff work with individuals to help them avoid the use of emergency room crisis units. For individuals already evaluated by a crisis unit, EISS is available to provide services so that inpatient psychiatric treatment may be unnecessary.

Individuals are able to meet with an EISS staff member within 24 hours of referral. Our staff includes licensed clinicians providing psychotherapy and Advanced Practice Nurses for medication evaluation. Case managers are part of the treatment team and are able to help clients access community resources. The program's registered nurse, in conjunction with the APN, helps assess medical issues and provides medical education and counseling. A peer specialist is also available to help clients develop a plan for recovery.

EISS staff can meet with clients on site at the program's facility in Neptune, as well as off site in homes or other community settings. Individual and group treatment is available. Team members work closely with families and have regular contact with other agencies in order to support the needs of clients.

Services Include:

Crisis prevention and treatment planning.

Wellness and recovery action planning.

Assessment by an advanced practice nurse who can prescribe medication.

Medical education and counseling by the EISS registered nurse.

Referrals and linkage to community services.

Eligibility Criteria:

Monmouth County resident

18 years of age or older

Require immediate treatment to avoid hospital-based services

Able to be safely served in an outpatient setting

Services Cannot Be Provided To:

Those under the influence of drugs or alcohol.

Those presenting as aggressive or violent.

Those who are actively suicidal or homicidal.

Those under the age of 18.

Those enrolled in RIST or PACT.

