



Insightful Release Counseling
www.insightfulreleasecounseling.com

LOVE WITHIN

A JOURNEY OF SELF-ACCEPTANCE

for adults

This group is for adults who feel ready to explore softening their connection with their internal and external self-perceptions

E-mail

insightful.release.counseling@gmail.com
for registration instructions



AMY GEYER
OWNER, LPC



KATIE MORGAN
CLINICAL INTERN

THURSDAYS | 5:30 - 7:00 PM
7 WEEKS: 2/20/25 - 4/3/25

\$40 Per Session

ASL Interpreting Provided



160 Avenue At The Common
Suite 4
Shrewsbury, NJ 07702

