

Integrated Adolescence

PHP/IOP Program for Teens

We provide a sanctuary for youth – a safe and secure place where youth can share the challenges and joys of their journey and create a community.

**Partial Hospitalization Program is Monday through Friday 9:00 am to 3:00 pm.
Academic support is available for PHP clients.**

Intensive Outpatient Program is Monday through Thursday 3:00 to 6:00 pm.

*Growing
into
your
possible*



Mind/Body Skills Training

Our goal is to help your adolescent develop a toolbox of approaches and skills to support them throughout their recovery and their entire lives.

- iRest Yoga
- Emotional Freedom Technique
- Dialectical Behavior Therapy
- Breathwork
- Art Therapy
- Therapeutic Yoga
- Meditation
- Aromatherapy
- Ecotherapy

**Now in-network with Blue Cross Blue Shield,
Optum and its subsidiaries United Health Care,
United Behavioral Health and Oxford.**



[www.https://integratedcareconcepts.com/service/the-integrated-adolescence-program/](https://integratedcareconcepts.com/service/the-integrated-adolescence-program/)



Integrated Care Concepts & Consultation
INTEGRATED ADOLESCENCE

To help your teen today, please call
Raphaella Rodrigues at
732-389-0697 ext. 810

Located at:
**1 Radar Way
Tinton Falls, NJ 07724**