



Child Day PROGRAM

CHILDREN AGES 7-13

What is the Child Day Program?

The Child Day Program (CDP) is a level of outpatient treatment that is more intensive than traditional weekly counseling. CDP provides small-group mental health programs that meet for three hours three times a week. Each patient meets with their own doctor and therapists to develop an individualized treatment plan, while applying evidence-based treatment approaches.

What issues can CDP address?

Symptoms related to ADHD, Oppositional Defiant Disorder, Depression, and Anxiety among other issues. CDP also treats serious behavioral issues and/or emotional concerns.

Some common concerns treated include: tantrums, defiance, impulsivity, mild aggression, self-harm, suicidal thoughts/ gestures, peer relational issues, panic attacks and self-esteem problems.

What services are included in CDP?

CDP includes case coordination with other providers, medication management and a family therapy component to address any family concerns and to offer parent and sibling support.

How do I sign my child up for CDP?

Call us today to enroll your child in a group!

Groups run 3x/week from 3 pm - 6 pm

We take most major insurances!

**Groups occur in person at 61 Davis Ave,
Neptune, NJ**

**Transportation available for children in
Asbury Park and Neptune**

**For more information or to enroll your
child, give us a call at 732-897-2810**

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**Hackensack Meridian
Children's Health**