



Monmouth
ACTS
ASSISTING COMMUNITY THROUGH SERVICES

WE'RE LISTENING:

732.542.6422

**We're helping
Monmouth
County residents
navigate the
COVID-19 crisis.**



In collaboration with the Monmouth County Board of Chosen Freeholders and Monmouth ACTS, the Mental Health Association of Monmouth County is connecting residents to a licensed counselor who can provide up to 6 telephone emotional support sessions.



Whether you need guidance, resources, mental health support, or just someone to talk to, we are here for you.
Call 732.542.6422 Monday - Friday from 9 a.m. to 5 p.m.

STAY SAFE. STAY WELL. STAY CONNECTED.