



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Take advantage of the Home Office to update and print resumes, apply for jobs online, make copies for job enrichment and manage personal documentation.</p>			<p>1 ESL 11 am—12 pm</p>	<p>2 Community resource night 5—7 pm 350 Indiana Ave</p>	<p>3 Café con Leche 11 am—12 pm</p>	<p>4 Long Branch Library Free Family Fun Activities 12—1 pm</p>
<p>5 Are you registered to vote? Don't forget Tuesday is National Election Day!</p>	<p>6 Medicare Open Enrollment Workshop 11—1 pm</p>	<p>7 Election Day Building Baby's Brains 11 am—1 pm</p>	<p>8 ESL 11 am—12 pm PCAB 12—1 pm</p>	<p>9</p>	<p>10 Veteran's Day Closed </p>	<p>11 Capoeira 10—11 am Long Branch Library Free Family Fun Activities 12—1 pm</p>
<p>12 Friday is our Multi-cultural Thanksgiving Feast! Bring a dish to share and celebrate together!</p>	<p>13</p>	<p>14 Professional Development Workshop @ LBHS 9—10:45 am Building Baby's Brains 11 am—1 pm</p>	<p>15 ESL 11 am—12 pm</p>	<p>16 Parent Teacher Conference Resource Night 5:30 pm 404 Indiana Ave</p>	<p>17 Multicultural Thanksgiving Feast 4—8 pm</p>	<p>18 Capoeira 10—11 am Long Branch Library Free Family Fun Activities 12—1 pm</p>
<p>19 </p>	<p>20</p>	<p>21 Building Baby's Brains 11 am—1 pm</p>	<p>22 ESL 11 am—12 pm</p>	<p>23 Thanksgiving Day Center Closed </p>	<p>24 Center Closed </p>	<p>25 Long Branch Library Free Family Fun Activities 12—1 pm</p>
<p>26 Tell your family, loved ones, friends, and people of support why your life is made better because of them. #alwaysthanking</p>	<p>27</p>	<p>28 Building Baby's Brains 11 am—1 pm</p>	<p>29 ESL 11 am—12 pm</p>	<p>30</p>		

Program Snapshot:

Parent Education and Workshops — The **Coastal Communities Family Success Center** (CC FSC) utilizes direct outreach, referrals from other organizations and in-house workshops both in English and Spanish to facilitate economic education of the area's diverse populations. These activities assist families by improving their life and job skills. Our programs also promote community well-being by encouraging behaviors that lead to safer, healthier and more prosperous neighborhoods. They are an investment in the community. The benefit to individuals and families, private institutions, government agencies, and society as a whole is exponential. Our measurement tools include pre and post tests to gauge increased knowledge, as well as follow-up with participants to document how the workshops have affected their behavior and lifestyle. Below is a snapshot of few of our programs and workshops.

Home Office—allows families to access computer work stations, email, printer, and copier, as well as use of the phone and fax machine. Promotes online job searching and electronic employment applications. Encourages resume development while offering the ability to manage personal, family, and professional documentation.

Training and Development Institute—Allows community partners and local service providers to utilize the agency to facilitate workshops, trainings, and assessments for community members.

Family Fun Night— Creates an opportunity for positive parent—child interaction through one-on-one and group activities. All parent—child activities include educational components for children of different ages. The activities are theme based. The Agency offers healthy food, snacks, and beverages. Family Fun Night is scheduled from 3—4 pm to accommodate the work schedule of our families.

ESL (English as a Second Language)—LBC FSC, through Literacy Volunteers of Monmouth County, provides tutoring services to adults desiring increased literacy skills in either basic literacy or English as a second language (ESL). ESL classes and one-to-one tutoring are conducted at all levels of English proficiency, from basic ESL, beginning ESL, intermediate ESL, and advanced ESL courses.

Parent Community Advisory Board—Offers parents the opportunity to provide feedback on the Center's activities, workshops, and outreach to ensure the needs of the community are being met. PCAB members are welcomed to share their ideas and insight as we develop and implement programs and outreach.

Capoeira—Join us as we explore the history, movement, and sounds of Capoeira! Capoeira is a Afro-Brazilian martial art that combines elements of dance, acrobatics, and music. Capoeira provides self-expression, concentration, balance, and creativity. Join us for this free 6 week introduction to the art and culture of Capoeira!

Building Baby's Brains—This workshop will be conducted in 4 session focusing on activities that stimulate the baby's brain, techniques to enhance bonding and attachment, health care basics to ensure good health and development, disciplinary techniques, and parent self-care. This program is specifically designed for new moms and mothers with children up to age 5.

Multicultural Thanksgiving Feast—Join us for our annual Multi-Cultural Thanksgiving Feast! We invite you to bring your family and neighbors to share a meal. The center will contribute the turkey with all the fixings, and games and activities for the children. We ask each family to bring a small contribution of food for all families to share.

Café con Leche—is a gathering for families to come together and practice their conversational skills in English and Spanish. This activity promotes community bonding and helps to develop a supportive network for the families. Participating in a conversation class can be an enjoyable experience that will help increase fluency, skill, and confidence in spoken English and Spanish.

Medicare Open Enrollment—A NJ licensed Medicare Advantage consultant will host a informational workshop reviewing coverage, options, and plans. The consultant is available for individual sessions after the workshop.