

COVID-19 Community Resources

As of 03/09/2021

Federal Resources:

- [CDC](#)
- [FEMA](#)

[cdc.gov/COVID-19es](https://www.cdc.gov/COVID-19es)
[fema.gov](https://www.fema.gov)



Emergency Management Preparedness Manual for People with Disabilities

Tuesday, March 9 at 10 – 11 AM ET

Please join the Region 2 National Preparedness Division and the Caribbean Area Office for a webinar on important considerations for inclusive emergency management. Betzaida Ramirez and Myrainne Roa from MAVI/Puerto Rico Core Advisory Groups will provide strategies for identifying where emergency plans typically fall short for people with disabilities and will provide strategies on how to make emergency plans more inclusive for everyone. [Register here.](#)



Resolve To Be Ready: Culture of Preparedness in Diverse Populations

Wednesday, March 10 at 1 – 2 PM ET

Disasters impact all parts of our community, regardless of national origin, ethnicity, or the language you speak. Creating training and messaging accessible to non-English speakers is critical to save lives and create resilience when a disaster strikes. This webinar will focus on the innovative and culturally inclusive programs that help prepare and train non-English speaking community members in disaster preparedness. [Register here.](#)



Healthy Meal Plan for Emergencies

Thursday, March 11 at 10 – 11 AM ET

This webinar will discuss nutritional guidelines to take into consideration when preparing for emergencies. Dr. Nivia A. Fernandez, president of the Puerto Rico Food and Nutrition Commission will be presenting the guidance document “Healthy Meal Plan for Emergencies in Puerto Rico” which provides useful information on emergency menu planning, food shopping list, food storage, water and essential products and much more to be as healthy as possible during emergencies. Although developed for Puerto Rico, this information is relevant for everyone. [Register here.](#)

Telehealth: A New Idea For Your Family Preparedness Toolkit

**By Joann Lowry, Interagency Recovery Coordinator,
FEMA Region II**

You probably never heard much about telehealth prior to 2020.

The very idea of receiving your health care via a mobile device or computer was simply not possible for most, especially since government and insurance company regulations often opposed this option. Seldom has an issue changed so fast and convincingly as telehealth following the COVID-19 outbreak. An industry struggling to find mass acceptance and traction is now the “new normal” – all in a few dramatic months.



The U.S. Department of Health and Human Services (HHS) defines telehealth, also known as telemedicine, as the use of electronic information and telecommunications technologies to support and promote long-distance clinical health care, patient and professional health-related education, and public health and health administration. This can be accomplished by videoconferencing via the internet, the digital transfer of medical images or streaming media with which we're all now familiar. [Click here to read the full article.](#)

Resources for COVID-19



COVID-19 Response Assistance Field Team Observations

The Office of the Assistant Secretary for Preparedness and Response (ASPR) COVID-19 Response Assistance Field Team (CRAFT) has compiled [resources on COVID-19 response efforts](#) for a variety of groups. Their website includes information for K-12 schools and institutes of higher education, faith-based organizations, vulnerable populations and critical infrastructure businesses.

Download the COVID Alert NJ App

[COVID Alert NJ](#), a free and secure mobile app, was recently released by the New Jersey Department of Health. COVID Alert NJ anonymously alerts users if they have been in close contact with someone who has tested positive for COVID-19. The app will also provide users with up-to-date information on New Jersey reopening news, key COVID-19 metrics, and a user-friendly symptom tracking tool – all while maintaining privacy and anonymity between users.

Meeting Community Needs During the COVID-19 Pandemic: Successes in Promise Zones

HUD is co-hosting a [free webinar series](#) with the U.S. Department of Agriculture, Rural Development (USDA-RD) and the National Coalition of Promise Zones. Promise Zones are high poverty communities where the federal government partners with local leaders to increase economic activity, improve educational opportunities, and address other priorities identified by the community. During the COVID-19 pandemic, Promise Zones responded to the immediate needs affecting their residents. This webinar series will highlight these efforts. Upcoming webinars include Promoting COVID-19 Business Relief and Job Opportunities on March 16, 3 – 4 PM EDT and Virtual Engagements and Responding to the Digital Divide on March 30, 3 – 4 PM EDT.

New Jersey State Resources:

- **NJ COVID-19 Information:** COVID19.nj.gov
- **NJ COVID-19 Jobs & Hiring Portal** https://jobs.covid19.nj.gov
- **COVID-19 Text Alerts** Text: **NJCOVID** 898-211
- **New Jersey Department of Health** has set up a COVID-19 24-Hour Public Hotline 800-222-1222



This Week's NJ COVID-19 Updates

Do you have questions about when and where you can receive the COVID-19 vaccine, contact tracing, traveling to or from the State of New Jersey, or even finding a new job? The State of New Jersey offers up-to-date information, resources, and guidance at our [COVID-19 Information Hub](#).

[Vaccine Eligibility is Expanding](#)

Pre-K-12 educators and childcare workers in licensed and registered settings are now eligible for the vaccine. Beginning Monday, March 15th, additional categories of people will be eligible to book vaccine appointments, including transportation workers, migrant farm workers, members of tribal communities, individuals experiencing homelessness or living in shelters, and more. Additional frontline essential workers will be eligible on Monday, March 29th.



[Eligibility Info](#)

[Wedding Reception Capacity Increase](#)

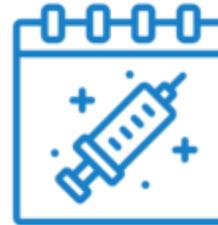
As of Friday, March 5th at 6 a.m., indoor wedding receptions can allow guests of up to 35 percent of the capacity of the room in which they are held, but no more than 150 people. Outdoor wedding receptions will be allowed up to 150 individuals. Receptions must follow indoor and outdoor dining guidance, which requires that people are seated while they eat and drink and wear face coverings at all other times.



[Wedding Rules](#)

[New Jersey Vaccination Update](#)

As of this week, more than 2.3 million vaccine doses have been administered in New Jersey and more than 1.5 million individuals have received at least one dose. The State is currently in the process of receiving and distributing its first shipments of Johnson and Johnson's Janssen vaccine.



To get vaccinated, you can:

- [See if you are eligible to get the vaccine](#)
- [Register in the NJ Vaccine Scheduling System](#) to be contacted when you become eligible and to be notified when an appointment is available to you through the Vaccine Scheduling System.
- If you are eligible, [schedule an appointment directly with vaccination sites](#), many of which do not take appointments through the Vaccine Scheduling System.

[View Vaccine Info](#)

[Don't Miss Out on Your Tax Credit](#)

The Federal and New Jersey Earned Income Tax Credit (EITC) programs can help put money back in your pockets. In 2021, more money is available and more tax filers are eligible than ever before. Free tax return preparation is also available for people who generally make \$57,000 or less, people with disabilities, and limited English-speaking taxpayers. [Find free tax prep help near you](#), and learn more about the NJ EITC at njeitc.org.



[Visit njeitc.org](http://njeitc.org)

[Utility Shutoff Moratorium Extended](#)

The State's moratorium preventing New Jersey residents from having their gas, electric, and water utilities disconnected has been extended through at least June 30th, 2021. Also, providers cannot disconnect internet services in households that have one or more school-age children that may be using the internet for educational purposes. In addition, providers cannot disconnect internet or voice services to any New Jersey resident with an existing account without first offering to enroll the customer in an interest-free payment plan of at least twelve months.



[Moratorium Information](#)

How To Get Tested For COVID-19 In New Jersey

Testing is available to everyone in New Jersey.

Our first responders and health care workers are saving lives every day – and so can you.

Do your part to protect yourself, your loved ones, and your community by getting tested for COVID-19.

You could have COVID-19 and not even know it. Find out if you have COVID-19 at any of the 250 testing sites across New Jersey.

It's quick and easy. You don't need insurance and free testing is available. Anyone who wants a test, can now get one.

It's especially important to get tested if:

1. **You are experiencing symptoms** (fever, cough, shortness of breath, chills, sore throat, muscle pain, shivering, headache, or new loss of taste or smell)
2. **You have been in close contact with someone who tested positive for COVID-19**
3. **You are an essential worker** (health care worker, first responder, food service worker, or transit worker)
4. **You were recently in a large crowd where social distancing was hard to maintain**
5. **You recently travelled to an area or a state with high COVID-19 infection rates**

You can locate a testing site near you, learn how to get tested, and find key information about New Jersey's testing program and related resources through the link: <https://covid19.nj.gov/pages/testing>

- **NJ COVID-19 & Poison Control Center Public Hotline** 800-962-1253
- **NJ 211** Dial 211; NJ211.org
- **New Jersey Mental HealthCare's Disaster Line:** 866-202-HELP (4357)
for free, confidential support. NJ Mental Health Cares will be answered from 8 a.m. to 8 p.m. seven days a week by live trained specialists.
NJ Human Services' Division of Mental Health and Addiction Services provide support to the Mental Health Association of New Jersey (MHANJ) to operate the line.
- **NJ Department of Health** nj.gov/health/cd/topics/ncov.shtml
- **NJ Human Services** nj.gov/humanservices/coronavirus.html
- **SNAP** 800-687-9512
To apply online: oneapp.dhs.state.nj.us
- **SJLS (South Jersey Legal Services)** <https://www.isnj.org/sjls/>
Call Centralized Intake Unit at 800-496-4570 M-F, 8:30am to 4pm

Welcome Faith-Based Community Leaders

The Monmouth County COAD, in coordination with the NJ VOAD Emotional & Spiritual Care Group, and Mental Health Association of Monmouth would like to invite Faith-Based Community Leaders to join an ongoing conversation of peer support for clergy of all denominations.

This is a chat group for worship leaders to share congregational and community concerns with multi-denominational peers and an open forum of respectful and confidential support

*Facilitated by Marie Argibay- Boccasino, MHA / COAD and
Pastor Lou Strugala, NJ-VOAD Emotional & Spiritual Care Group Chairperson*

The meetings are held via ZOOM, biweekly on Wednesdays at 4:00 P.M. and are currently scheduled for:

March 10 & 24 ~ April 21 (more dates to come)

- No agenda
- Complete privacy; forums will not be recorded and notes will not be taken; we will only ask for your first name, religious affiliation and town / county
- A safe and respectful place to connect and feel supported by others who may relate to similar experiences and challenges.



Please join us (login details will be the same for all meetings):

<https://us02web.zoom.us/j/83366759017?pwd=UTlxYjdFdTVvazhDOXpndEZVa29HQOT09>

Meeting ID: 833 6675 9017

Passcode: 190745

One tap mobile: 1-929-205-6099 (New York)

For further information please contact:

Marie Argibay-Boccasino mboccasino@mentalhealthmonmouth.org

Lou Strugala lstrugala@yahoo.com

Shelley Feingold shelley.feingold@co.monmouth.nj.us

We look forward to sharing time with you!

<http://www.njvoad.org/>

<https://monmouthacts.org/>

Monmouth County Resources:



MONMOUTH COUNTY

COVID-19

TESTING

The Monmouth County Board of County Commissioners, in conjunction with the Monmouth County Sheriff's Office and the Monmouth County Health Department, are bringing FREE COVID-19 testing to your community.

Open to Monmouth County residents only. No appointments necessary, simply walk up during the times listed below and a health care professional will administer the nasal swab test. Residents do not need to be symptomatic to be tested.

Monmouth County Testing Locations: Monmouth County Residents Only!

All sites are open for the times listed, or until 200 tests have been administered.

- Wed., Feb. 10 - Keansburg - 9 a.m.-12 noon, New Point Comfort Firehouse, 192 Carr Avenue
- Tues., Feb. 16 - Long Branch - 4 - 7 p.m., Bucky James Community Center, 231 Wilbur Ray Avenue
- Thurs., Feb. 18 - Neptune - 4 - 7 p.m., Neptune Senior Ctr., 1607 State Rt. 33
- Tues., Feb. 23 - Long Branch - 4 - 7 p.m., Bucky James Community Center, 231 Wilbur Ray Avenue
- Wed., Feb. 24 - Asbury Park - 4 - 7 p.m., Asbury Park Transportation Center, 1 Municipal Plaza
- Sat., Feb. 27 - Freehold Borough - 9 a.m.-12 noon, Freehold Boro Fire Dept., 49 W Main Street
- Tues., March 2 - Long Branch - 4 - 7 p.m., Bucky James Community Center, 231 Wilbur Ray Avenue
- Thurs., March 4 - Keansburg - 9 a.m.-12 noon, New Point Comfort Firehouse, 192 Carr Avenue
- Tues., March 9 - Long Branch - 4 - 7 p.m., Bucky James Community Center, 231 Wilbur Ray Avenue
- Wed., March 10 - Asbury Park - 9 a.m.-12 noon, Asbury Park Transportation Center, 1 Municipal Plaza
- Sat., March 13 - Neptune - 9 a.m.-12 noon, Neptune Senior Ctr., 1607 State Rt. 33
- Tues., March 16 - Long Branch - 4 - 7 p.m., Bucky James Community Center, 231 Wilbur Ray Avenue
- Thurs., March 18 - Freehold Borough - 4 - 7 p.m., Freehold Boro Fire Dept., 49 W Main Street
- Mon., March 22 - Asbury Park - 9 a.m.-12 noon, Asbury Park Transportation Center, 1 Municipal Plaza
- Tues., March 23 - Keansburg - 4 - 7 p.m., New Point Comfort Firehouse, 192 Carr Avenue
- Tues., March 30 - Neptune - 4 - 7 p.m., Neptune Senior Ctr., 1607 State Rt. 33



Monmouth County Vaccine Sites

List Updated: 3/4/2021

*Please note that the following locations are available for eligible recipients to make an appointment to receive a vaccine. Appointments are limited. All listed vaccination sites may not have open appointments available immediately. The federal supply of vaccine to New Jersey remains limited. However, this list is updated frequently and new sites will be added continually. Please return to this page again if you are unable to currently schedule an appointment. Thank you for your interest in being vaccinated against COVID-19. **IMPORTANT: The Pfizer-BioNTech COVID-19 vaccine is recommended for persons 16 years of age and older under the FDA's Emergency Use Authorization, however the Moderna vaccine is recommended for individuals 18 years and older. Not all sites administer both vaccines, so it is important to check with your vaccination site before scheduling a visit to ensure you are eligible.***

- Bayshore Medical Center 727 North Beers Street Holmdel Monmouth 18 years
hackensackmeridianhealth.org/covid19/
- CentraState Medical Center 901 West Main Street Freehold Monmouth 18 years
centrastatevaccine.com/
- Community Health Center of Asbury Park 1301 Main Street Asbury Park Monmouth 18 years
(732) 774-6333 vnachc.org/
- CVS Pharmacy Hazlet Monmouth 18 years (800) 746-7287 cvs.com/immunizations/covid-19-vaccine
- CVS Pharmacy Highlands Monmouth 18 years (800) 746-7287 cvs.com/immunizations/covid-19-vaccine
- CVS Pharmacy Long Branch Monmouth 18 years (800) 746-7287 cvs.com/immunizations/covid-19-vaccine
- Freehold Family Health Center 579 Park Avenue Freehold Monmouth 18 years (732) 294-2540
vnachc.org/
- HMH Jersey Shore U.M.C. 1945 Route 33 Neptune Ocean 18 years (732) 897-7926
hackensackmeridianhealth.org/covid19/
- Keyport Community Health Center 35 Broad Street Keyport Monmouth 18 years (732) 888-4149
vnachc.org/ Monmouth County Health Department 50 East Main Street Freehold Monmouth 18 years (732) 431-7456 visitmonmouth.com/health
- Monmouth Medical Center 300 Second Ave Long Branch Monmouth 18 years
rwjbh.org/covid19vaccine
- Medical Center Southern Campus 600 River Avenue Lakewood Monmouth 18 years
rwjbh.org/covid19vaccine
- Ocean Health Initiatives 3600 Route 66 Neptune Monmouth 18 years (732) 363-6655 ohinj.org
- Red Bank Primary Care Center 188 East Bergen Place Red Bank Monmouth 18 years (732) 219-6620
vnachc.org/
- Rite Aid Store 00695 1360 Route 36 Hazlet Monmouth 18 years riteaid.com/pharmacy/covid-qualifier
- Rite Aid Store 01778 596 Shrewsbury Avenue Tinton Falls Monmouth 18 years
riteaid.com/pharmacy/covid-qualifier Rite Aid Store 01796 4057 Asbury Avenue, Suite 8 Tinton Falls Monmouth 18 years riteaid.com/pharmacy/covid-qualifier
- Rite Aid Store 10424 75 South Main Street Neptune Monmouth 18 years
riteaid.com/pharmacy/covid-qualifier
- Rite Aid Store 10425 200 Wilson Avenue Port Monmouth Monmouth 18 years
riteaid.com/pharmacy/covid-qualifier
- Rite Aid Store 10510 149 Main Street Manasquan Monmouth 18 years
riteaid.com/pharmacy/covid-qualifier

- **Riverview Medical Center 1 Riverview Plaza Red Bank Monmouth 18 years (732) 741-2700
hackensackmeridianhealth.org/covid19/ ShopRite Pharmacy #193 280 Route 9 Morganville
Monmouth 18 years vaccines.shoprite.com**
- **ShopRite Pharmacy #299 Neptune Monmouth 18 years vaccines.shoprite.com**
- **ShopRite Pharmacy #620 Shrewsbury Monmouth 18 years vaccines.shoprite.com**
- **ShopRite Pharmacy #626 3120 Route 35 Hazlet Monmouth 18 years vaccines.shoprite.com**
- **ShopRite Pharmacy #631 Howell Monmouth 18 years vaccines.shoprite.com**
- **Stop and Shop Pharmacy #0801 Keyport Monmouth 18 years stopandshopsched.rxtouch.com/rbssched/program/covid19/Patient/Advisory**
- **Wegmans Pharmacy - Manalapan Manalapan Monmouth 18 years wegmans.com/news-media/articles/covid-19-vaccines/#1611240408647-94b1a260-a334**
- **Wegmans Pharmacy #09 Ocean Monmouth 18 years wegmans.com/news-media/articles/covid-19-vaccines/#1611240408647-94b1a260-a334**

Mental Health Services:

Monmouth County Health Department has opened a phone bank to respond to callers with questions or concerns about COVID-19. As you can imagine, many callers are experiencing increased anxiety, fear, and worry about COVID-19.

In collaboration with the Monmouth County Board of Chosen Freeholders and Monmouth Acts, the Mental Health Association of Monmouth County is connecting residents to a licensed counselor who can provide 6 telephone emotional support sessions

The phone line is available from **Monday – Friday, 9am – 4pm** 732-542-6422

- **Monmouth County Division of Behavioral Health**
 - **NJ HOPELINE:** Suicide prevention hotline 855-654-6735
 - **Cop 2 Cop:** Helpline for law enforcement & their families 866-cop-2cop
 - **Mom 2 Mom:** Peer support for Moms 877-914-6662
 - **Vet to Vet:** Helpline for veterans 866-838-7654
 - **2nd Floor Youth Helpline:** Helpline for youth 888-222-2228
 - **CRISIS SERVICES:** On site mental health crisis assessment and stabilization
 - **Psychiatric Emergency Screening Services (PESS)** 732-923-6999
 - **Children’s Mobile Response and Stabilization Services** 877-652-7624
 - **CDC / Mental Health**
 - <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>
 - **Crisis Counselors** are available for free help **Text MHA to 741741**
They offer support through texting for those that are experiencing fear, stress, an anxiety, depression, panic, and isolation.
“There is no health without mental health” mentalhealthmonmouth.org

- **Mental Health Association Of Monmouth County** 732-542-6422
 - **FINANCIALLY AFFECTED BY COVID-19?**
 - MHA of Monmouth County’s Financial Success Center is here to help!
 - Find out if you are eligible to receive a gift card for food, personal items or transportation. Need help finding the services that you are eligible for right now?
 - Looking to talk to someone that can help you budget your current income?
 - Need to look for work or update your resume?

 - **MAKE AN APPOINTMENT:** Please contact Carmen Rivera at 732-788-6029 crivera@mentalhealthmonmouth.org OR Jenny Kern at 732-508-0926 jkern@mentalhealthmonmouth.org

MENTAL HEALTH ASSOCIATION
OF MONMOUTH COUNTY

An Affiliate of
MHA
Mental Health America



Monmouth
ACTS
ASSISTING COMMUNITY THROUGH SERVICES

WE'RE LISTENING:

732-542-6422 • 732-845-2070

**We're helping
Monmouth
County residents
navigate the
COVID-19 crisis.**



In collaboration with the Monmouth County Board of Chosen Freeholders and Monmouth ACTS, the Mental Health Association of Monmouth County is connecting residents to a licensed counselor who can provide up to 6 telephone emotional support sessions.

**Are you a licensed professional
and interested in volunteering?
Contact us to help - bilingual
professionals are needed.**

732-542-6422
mha@mentalhealthmonmouth.org
www.mentalhealthmonmouth.org



Whether you need guidance, resources, mental health support, or just someone to talk to, we are here for you.

Call 732-542-6422 • 732-845-2070
Monday - Friday from 9 a.m. to 5 p.m.

STAY SAFE. STAY WELL. STAY CONNECTED.



PANDEMIC POTENTIAL

MOVING FROM SURVIVING TO THRIVING

THE CHILD ADVOCACY COMMITTEE OF THE MENTAL HEALTH ASSOCIATION OF MONMOUTH COUNTY

*Invites you to join us to create solutions with youth and families in the pandemic.
Every voice is important to the success of this call to action!*

VIRTUAL OPEN SPACE CONFERENCE

WEDNESDAY, MARCH 31, 2021

These are unprecedented times that pose overwhelming challenges emotionally, socially and academically. Let's come together to share knowledge and experiences to create more integrative and effective strategies.

This is a call to parents/caregivers, youth, educators, mental health professionals, advocates, policy makers, artists, writers, and storytellers. Regardless of your roles and professions, if you feel the urgency of the challenges within our community, we need you to be part of this conversation.

This is not your typical conference:

- No formal presentations
- You create discussion topics
- Make new connections
- Turn ideas into actions
- **No cost**

Come to this unique Open Space gathering to share your passion and inspire others. Feel the energy made possible by the freedom in the conference that will unleash your creativity.

PROGRAM SCHEDULE

9:00 - 9:30
9:30 - 10:15

Welcome and connect
Open space and co-create agenda

10:15 - 12:15	Breakout sessions 1 & 2
12:15 - 1:00	Lunch and connect
1:00 - 2:00	Breakout session 3
2:00 - 2:30	Open space for action planning
2:30 - 3:30	Breakout session 4
3:30 - 4:30	Closing/wrap-up

[CLICK HERE TO REGISTER](#)

SPONSORED BY:



Additional Hotlines

- **SAMHSA's National Helpline:** 1-800-662-HELP (4357)
- **SAMHSA's Disaster Distress Helpline:** 1-800-985-5990 or text TalkWithUs to 66746
- **Partnership for Drug-Free Kids:** Call 1-855-378-4373 or visit: <https://drugfree.org/>
- **National Suicide Prevention Lifeline:** Call 1-800-273-8255 or visit suicidepreventionlifeline.org
- **Veterans Crisis Line:** Call 1-800-273-8255 and press 1 or visit veteranscrisisline.net

Rutgers UBHC offers telephonic peer support lines. They are a resource for individuals with struggling with substance use, are in recovery, or need support and may feel isolated at this time.

- **New Jersey Peer Recovery** 8AM-8PM on 3/26/20 the hours are being extended to 10PM for individuals with substance abuse problems or those in recovery needing support: 1-833-422-2765
- **Vets4 Warriors-** 24/7 National Program for veterans who have served in wars-1-855-838-8255
- **Vet 2 Vet-** any NJ veteran 24/7 1-866-838-7654
- **Mom 2 Mom-** mothers with special needs children 8AM-8PM -1-877-914-6662
- **Care 2 Caregiver-** with family members who are caring for family member with memory loss, Alzheimer's, dementia or a related disorder 8AM-8PM 1-800-424-2494
- **Cop 2 Cop-** 24/7 law enforcement officers 1-866-267-2267
- **Worker 2 Worker** for DCP and P workers 8AM-8PM-1-855-327-7482
- **Aid NJEA-** school staff members and their families Monday-Thursday 12PM-8PM; Fridays 12PM-6PM 1-866-243-6532

Additional Family Resources

- **PerformCare:** Full-service, behavioral health managed care organization for youth and families dealing with behavioral health, intellectual, developmental disability service's needs & substance use treatment. 24 Hours a Day / 7 Days a Week 877-652-7624
- **SPAN:** Parent Advocacy Network. 8 am - 4pm 800-654-7726
link: <https://spanadvocacy.org/about>
- **AA meetings** are being held online and can be found through the following
link: <http://aa-intergroup.org/directory.php>
- **CARC** 732-774-3282
 - 913 Sewall Av, Asbury Park
 - carcnj.org
- **Monmouth Arts** resource link: <https://www.monmoutharts.org/resources>

RWJ Barnabas Health Institute for Prevention and Recovery

For You/Your Families/Your Students' Families:

NIDA's Toolkit for Out of School Time offers science-based activities and resources on drug use and addiction for educating teens during out of school time (OST). The OST setting—before and after school, in the summer, or any time teens attend a supervised program outside of the typical school time—offers a unique opportunity for STEM (science, technology, engineering, and math) learning.

- <https://teens.drugabuse.gov/teachers/out-of-school-time-toolkit>
- **Lesson Plan and Activity Finder** from NIDA – you name it, it is there
- <https://teens.drugabuse.gov/teachers/lessonplans>

Managing Stress and Anxiety during COVID-19

- <https://www.cdc.gov/coronavirus/2019-ncov/prepare/managing-stress-anxiety.html>
- <https://emergency.cdc.gov/coping/index.asp>

Wellness Apps/Courses

- Headspace <https://www.headspace.com/headspace-meditation-app>
- Calm <https://www.calm.com/>
- Yale University's The Science of Well-Being: <https://www.coursera.org/learn/the-science-of-well-being?>

Shape America (check out the Mind and Body Calendars, At-Home Fitness Ideas)

- <https://www.shapeamerica.org/covid19-resources.aspx>

Home workout Streaming Services

- YMCA (free): <https://ymcanyc.org/ymca-home>
- Paid Services w/free trials: <https://www.cnn.com/2020/03/16/best-home-workout-streaming-services-to-try-during-covid-19-pandemic.html>

National Center for Families Learning

- <https://www.familieslearning.org/resources/out-of-school-time>
- <https://www.familieslearning.org/resources>

Teaching From Home

- <https://www.today.com/parents/how-homeschool-during-coronavirus-crisis-t176020>
- <https://www.actionforhealthykids.org/resources-for-schools-and-families-during-covid-19-coronavirus/>

Family Dinner Conversation Starters

- <https://redtri.com/20-questions-to-ask-at-the-dinner-table/>
- <https://redtri.com/26-great-conversation-starters-for-honest-family-discussions/>
- <https://www.urbanmommies.com/36-family-dinner-questions/>

Zoom Tutorial to host or join meeting

- <https://www.youtube.com/watch?v=JIRfIUH8ENw>

- **For Your YPC and Students:**

- **Incorruptible.us**

- <https://incorruptible.us/>
- <https://www.tobaccofreenj.com/>

Drug Facts Challenge an interactive game using scientific facts about the brain and addiction, marijuana, vaping, and more

- <https://teens.drugabuse.gov/teens/games/drug-facts-challenge>

National Drug & Alcohol IQ Challenge a short quiz available in English and Spanish which tests students' knowledge about drugs and alcohol

- https://teens.drugabuse.gov/quiz/national-drug-alcohol-facts-week/take-iq-challenge/2019?utm_source=ndafwebblast&utm_medium=email&utm_content=nf&utm_term=NPnp&utm_campaign=ndafw-NDAFW2020

SmokeSCREEN addresses the range of challenges that young teens face, with a dedicated focus on youth decision-making about smoking and vaping (conventional cigarettes, electronic cigarettes, flavored tobacco products), and includes strategies for both smoking prevention and cessation. The play2PREVENT Lab at the Yale Center for Health & Learning Games received funding from the NIH and the FDA and generous support from the CVS Health Foundation to develop the program.

- <https://www.smokescreengame.org/>
- Request Access (free): <https://yale-medicine.secure.force.com/learninggames?origin=smokescreengame>

National Institute on Drug Abuse Kahoots covering a wide range of topics (substance use, vapes, stimulants, marijuana, prescription drugs)

- https://create.kahoot.it/pages/test/dea33ab0-584e-4ed0-9464-5a1ec01b22aa?_id=1584372908

MindMatters Series developed by NIDA covers a wide variety of topic areas via different booklets, with each devoted to a specific drug or drug group. A teacher's guide is also included. The program is also available in Spanish.

- <https://teens.drugabuse.gov/teachers/mind-matters>

Choose Your Path Videos developed by NIDA which allow the viewer to determine the path of the teenager in the depicted situation based on their selected choices

- <https://teens.drugabuse.gov/videos/choose-your-path>

Physical and Mental Health:

- YMCA At Home (free videos) <https://ymcanyc.org/ymca-home>
- Headspace <https://www.headspace.com/headspace-meditation-app>
- Calm <https://www.calm.com/>

Rental Assistance Resources and Information

Affordable Housing Alliance

Housing Intake and Referral Assistance
59 Broad Street
Eatontown, NJ 07724
Phone: (732) 876-3601
Phone: (732) 389-2958
aha-capintake@housingall.org
<https://ahacap.com/>

Ocean Inc. Community Partners Relief and Recovery

Ocean County Administrative Office
40 Washington Street
P.O. Box 1029
Toms River, NJ 08753
Phone: (732) 244-5333
Fax: (732) 349-4227
<http://www.oceaninc.org/>

Community Affairs & Resource Center

Executive Office
913 Sewall Ave
Asbury Park, NJ 07712
Phone: (732) 774-3282
Fax: (732) 502-8955
<http://carcnj.org/>

Love INC

PO Box 847
Eatontown, NJ 07724
Telephone: (732) 542-7012
Fax: (732) 542-7315
info@loveincnj.org
<http://www.loveincnj.org/> .

Interfaith Neighbors

810 4th Ave, Asbury Park, NJ 07712
Phone: (732) 775-0525 ext. 205
<http://www.interfaithneighbors.org/>

St. Vincent DePaul / St. Dorothea's

240 Broad Street
Eatontown, NJ 07724
Phone: (732) 939-6225

Saint Marks

247 Carr Ave,
Keansburg, NJ 07734
Phone: (732) 787-1075

Our Lady of Perpetual Help - Saint Agnes Church

141 Navesink Ave,
Highlands, NJ 07732
Phone: (732) 291-0272

Open Door

39 Throckmorton St,
Freehold, NJ 07728
Phone: (732) 780-1089

HABCORE

Phone: (732) 544-1975 ext.1
www.habcore.org

Lunch Break

Phone: (732) 747-8577

Utility Assistance

- **AHA Utility Assistance** 732-982-8710
 - NjPowerOn.org
 - utilityinfo@housingall.org

- **United Way COVID-19 Community Economic Relief Fund** 866-211-9966
They will help with bills, rent & food. Provide zip code and they will give a list of local agencies providing assistance.

Other Assistance

Pharmaceutical Resources

Aberdeen/Matawan

- Matawan Pharmacy (732) 705-3722
- Free Delivery

Allenhurst

- Quick Med Pharmacy (732) 897-1500
- Free Delivery

Asbury Park

- Home Drug Store Inc. (732) 774-3400
- Free Delivery

Atlantic Highlands

- Bayshore Highlands Pharmacy (732) 291-2900
- Free Delivery

Belmar

- Belmar Pharmacy (732) 280-1600
- Free Delivery

Colts Neck

- Colts Neck Pharmacy (732) 780-5480
- Free Delivery

Eatontown

- Allentown Pharmacy (732) 542-7773
- Free Delivery

Fair Haven

- Rumson Pharmacy (732) 842-1234
- Free Delivery

Farmingdale

- Provision Pharmacy (732) 333-0226
- Free Delivery

Freehold

- Poet's Corner Pharmacy (732) 409-1100
- Free Delivery

Hazlet

- Medicine Shop of Hazlet (732) 888-7900
- Free Delivery

Highlands

- Bayshore Pharmacy (732) 291-2900
- Free Delivery

Holmdel

- Bayshore Homecare Pharmacy (732) 888-0303
- Free Delivery

Howell

- Future Pharmacy (732) 431-8170
- Free Delivery

Keansburg

- Drug Smart Pharmacy (732) 769-5550
- Free Delivery

Keyport

- Savon Drugs (732) 263-0904
- Free Delivery

Little Silver

- Little Silver Family Pharmacy (732) 741-1121
- Free Delivery

Long Branch

- West End Family Pharmacy (732) 229-2400
- Free Delivery

Manalapan

- Future Pharmacy (732) 851-7100
- Free Delivery

Manasquan

- Campbell's Pharmacy (732) 974-2929
- Free Delivery

Marlboro

- Marlboro Village Pharmacy (732) 617-6060
- Free Delivery

Matawan

- Matawan Pharmacy (732) 705-3722
- Free Delivery

Middletown

- Sun Ray Drugs (732)671-0350
- Free Delivery

Monmouth Beach

- Diamonds Pharmacy (732) 222-1299
- Free Delivery

Neptune

- Garden Pharmacy (732) 922-4142
- Free Delivery

Red Bank

- Parker Family Health Center (732) 212-0777
- Emergency prescription financial assistance available to existing patient

Rumson

- Rumson Pharmacy (732) 842-1234
- Free Delivery

Shrewsbury

- Shrewsbury Avenue Pharmacy (732) 530-2880
- Free Delivery

Tinton Falls

- Village Drugs (732) 542-7455
- Free Delivery

Union Beach

- Savon Drugs (732) 264-0904
- Free Delivery

Wall

- Colfax Pharmacy (732) 280-3535
- Free Delivery

West Long Branch

- Steven Drugs Pharmacy (732) 222-4411
- Free Delivery

Monmouth County Pantries

Aberdeen

Matawan United Methodist Pantry | 478 Atlantic Av, Aberdeen | (732) 566-2996

- 2nd and 4th Tuesday 6:30pm-7:30pm
- Thursday 10am-11:30am

St. Joseph Church Pantry | 42 Wooley St, Aberdeen | (732) 290-1878

- 1st Thursday 9am-1pm
- No Delivery Service

Allentown

Allentown Food Pantry | 20 High Street, Allentown (609) 259-7289

- Mondays 10am-2pm
- Wednesday 10am-12pm
- No Delivery Service

Asbury Park

Dinners for Your Neighbors

- Asbury Park Dinner Table has partnered with three local churches FREE – NO QUESTIONS ASKED – NO QUALIFIERS – NO ONE WILL BE TURNED AWAY
- You can pick up meals for yourselves and your families every evening between the hours of 5:00 – 6:00pm at the following locations... First come first serve
- Second Baptist Church
124 Atkins Av
- St. Stephens Amez
1001 Springwood Av
- United Fellowship Baptist Church
603 3rd Av

Free Food in Springwood Park Asbury Park | Drive up or Walk up | No ID required

- Fridays 10:30am-12:30pm
- 25lb box of produce plus milk available

Bethel Food Pantry | 119 Atkins Av, Asbury Park | (732) 918-2600 (Fulfill)

- Wednesday and Friday 10am-11:30 am

CARC | 913 Sewall Av, Asbury Park | (732) 774-3282

- **FREE Mini Markets – Pop-ups**
 - ***Will update as information becomes available***

Faith Food Pantry | 1209 Bangs Av, Asbury Park | (732) 988-1816

- 2nd and 4th Saturday 9-11am

First United Methodist A.P. Pantry | 906 Grand Av, Asbury Park | (732) 775-2693

- Closed

Jewish Family Services | 705 Summerfield Av, Asbury Park | (732) 774-6886

- Outdoor Food Pantry on the corner of Summerfield Avenue & Main
- Every Friday 10am-12pm

Lutheran Church of Atonement Pantry | 308 First Av, Asbury Park | (732) 776-5727

- 2nd and 4th Wednesday 10:30am-12:30pm
- No delivery service

Salvation Army Pantry | 605 Asbury Av, Asbury Park | (732) 775-8698

- Monday and Friday 9am-11am
- No delivery service

Second Baptist Church Pantry | 124 Atkins Av, Asbury Park | (732) 774-5347

- 2nd and last Saturdays 12pm-1:30pm
- Springwood Park

St Augustine's Soup Kitchen | 155 Prospect Av | Asbury Park | (732) 774-3069 Ms. Lucas

- Bagged lunch distributed in parking lot
- Sundays 12pm-1pm

St Peter Claver Pantry | 1419 Springwood Av, Asbury Park | (732) 775-4157

- Thursday 10am-1pm

Trinity Last Resort Pantry | 503 Asbury Av, Asbury Park | (732) 775-5084

- Tuesday 11am-1pm
- Saturdays hot meals served @ 11:30am-1pm

Victory Tabernacle of Prayer Pantry | 1325 Asbury Av, Asbury Park | (732) 455-5836

- 2nd and 4th Wednesdays 10am-1pm

Atlantic Highlands / Highlands

Our Lady of Perpetual Help Church | 141 Navesink Avenue (Rte. 36), Highlands| (732) 291-0272

- ***Shop a complete list of grocery items for curbside pick-up.***
- This is a unique Food Pantry where clients can "choose" their groceries.
- Summer Hours:
 - Sundays: 10:30 am to 11:30 am
 - Mondays: 5:30 pm to 6:30 pm

Navesink United Methodist Church | 96 3rd Av, Atlantic Highlands | (732)291—0485

Emergency food bags available for residents of Highlands or Atlantic Highlands

- Monday/Thursday 9am-11:15am @ church parking lot on 3rd Av
- Thursday 4:30-6pm @ lot in front of skate park between Snug Harbor Av and Central Av
- Please call and check their Facebook page for further information
- Handing out pre-bagged items only

Belmar

Calvary Baptist Church | 600 13th Av Belmar | (732) 681-0940

- Tuesday 10am-12pm

Belmar Food Pantry | 1000 17th Av, Belmar | (732) 681-4413

- Tuesday, Wednesday and Thursday 10am-12pm

Bradley Beach

Bradley Food Pantry | 605 4th Av, Bradley Beach | (732) 775-0161

- Monday- Friday 10am-12pm
- Thursdays 6pm-7pm
- Handing out pre-bagged items only
- No Delivery Service

Cliffwood Beach

Providence Baptist Pantry | 15 Lincoln Av, Cliffwood | (732) 566-4430

- 3rd Saturday 8am-12pm
- No Delivery Service

Cream Ridge

Emley's Hill Good Samaritan Pantry | 69 Emley's Hill Rd, Cream Ridge | (609) 259-2166

- Call first until further notice

Eatontown

Eatontown Food Coop | 15 Meridian Dr. Eatontown | (732) 547-8359

- Open every other Wednesday 12pm-3pm
- No delivery service

St. Dorothea's Pantry | 240 Broad St, Route 71 Eatontown | (732) 542- 0148

- Now offering Masses
- Open 2nd & 4th Wednesday of the month, Hours: 5pm-6:30pm
- 2nd & 4th Saturdays of the month, Hours: 9am-10:30am
- Delivery may be made available for vulnerable and disabled residents

Farmingdale / Howell

Howell Senior Center will deliver food to seniors from food pantry
Please call for more information (732) 938-4500

The Mews Pantry | The Mews 2 Liron Lane, /Farmingdale (732) 919-6227

- 1st and 3rd Wednesday 2:30pm-4:30pm

Christ Church Pantry | 71 Oak Glen Rd, Howell | (732) 938-7500

- 2nd Saturday 8:30am-12:30pm
- No Delivery Service

Howell Food Pantry | 449 Adelpia Rd, Howell | (732) 938-2368

- Please call first! Pick- ups are for registered clients only

Freehold

St Rose of Lima Parish | 16 McLean St, Freehold | (732) 462-0859 or (908) 839-8508

- www.stroseoflime.com
- Non - emergency hotline for information assistance and referrals.
- Comfort calls or food assistance
- **Spanish and English**

Neighbor Connections to Health/Fulfill

Freehold Family Health Center | 597 Park Av, Freehold

- Week to week operation
- All distribution locations listed on website with days and times
- Check "Where to get help flyer" at: www.freeholdboroughnj.org
under: **food updates**
- English contact Carly Trill (908) 692-7338 or email Carly.trill@vnahg.org
- Spanish contact Karen Ubeda (732) 547-7274

NCTH Mobile Pantry:

- 2nd Wednesday of each month at:
 - **Freehold Family Center Parking Lot**
 - 597 Park Ave, Freehold
 - Hours: 2pm-3pm
- 4th Friday of each month at:
 - **St. Rose of Lima Parking Lot**
 - 16 Mc Lean Street, Freehold
 - Hours: 1:30pm-2:30pm
- All volunteers and participants must abide by social distancing recommendations.
- Large crowds not allowed
- We ask if you are sick or in a high-risk category, please stay home
- If at all possible, please leave children / additional family members home

Freehold Food Pantries – Due to recent changes in scheduling and distribution, please check Freehold Borough website for updates on the following at this time:

- New Hope Pantry | 28 First St, Freehold | (732) 780-9210
- Open Door Pantry | 39 Throckmorton St, Freehold | (732) 780-1089
 - Tuesday and Thursday 10am-12pm in Broad St. parking lot
 - Monday and Wednesday 10:30-2:30 by appointment only
- Casa Freehold Pantry | 4 Jackson Street, Freehold | (732)409-3111
- YMCA | 41 Center Street, Freehold | (732) 845-5273
 - Monday/Wednesday/Friday 10am-1pm in Vineyard Park

Hazlet

St. John's UMC Pantry | 2000 Florence Avenue, Hazlet | (732) 264-1236
Facebook page is [facebook.com/StJohnsUMCFoodPantry](https://www.facebook.com/StJohnsUMCFoodPantry)

- Thursdays 5:30pm – 7pm

Holmdel

St Benedict |165 Bethany Road, Holmdel | (732) 264-5578

- **St Vincent de Paul Society**, extension 34
- Call ahead for information

Keansburg

Project Paul | 211 Carr Avenue, Keansburg | (732) 787- 4887

- Wednesday & Friday 9:45am -12:45am
- No Delivery Service

St. Marks | 247 Carr Avenue, Keansburg | (732) 787- 3520

- Serving lunch outside daily 12pm -1pm (takeout only)
- Pantry open Tuesday and Saturday 9am- 11am
- No Delivery Service

Keyport

Keyport Ministerial Food Pantry | 42 Elizabeth St, Keyport | (732) 888-1986

- Tuesday and Thursday 9:30am-11:30am

Keyport Delivery Resource | PO Ken Tiejn Memorial Foundation | (732) 795-0800

- Grocery delivery, Prescriptions, volunteers
- Assistance offered with grocery delivery and prescriptions for elderly seniors and homebound residents.

Little Silver

- **Volunteer resource | PO Ken Tiejn Memorial Foundation | (732) 795-0800**
- Shopping and delivering meals for seniors and those who are homebound. Foundation has partnered with local police to provide service. Call for details

Long Branch

Christ the King Pantry | 408 Prospect St, Long Branch | (732) 222-3216 x116

- Wednesdays 11:30am-1pm

First Baptist Pantry | 499 Bath Av, Long Branch | (732) 229-1453

- 2nd Thursday 12pm-4pm
- 4th Thursday 12pm-4pm
- No Delivery Service

St. Brigid's Pantry | 300 Broadway, Long Branch | (732) 222-1411

- Mondays and Wednesdays 11am-1:30pm
- Soup Kitchen Wednesdays 11am-1:30pm
- Please call to check times

St. Luke's United Methodist Pantry | 535 Broadway, Long Branch (732) 222-1341

- Every Friday 3pm-5pm
- Soup kitchen - Tuesdays 4pm-5pm (takeout only)
- No Delivery Service

St Michael's | St. Vincent De Paul Pantry | 800 Ocean Av, Long Branch | (732) 483-0360

- 3rd Saturday 12pm-4pm

Manalapan / Marlboro / Morganville

Samaritan Center Food Pantry | 211 Route 522, | Manalapan | (732) 446-1142

- Closed
- If in need of food please call (732) 239-5986

Community Refuge Church | 4 Sobechko Rd | Manalapan | (732) 446-2230

- Host Pop-up Pantries periodically
- We will update when information is available

Monmouth Worship Ctr. Pantry | 37 Vanderburg Rd | Marlboro | (732) 332-9600

- Sundays 1pm-3pm
- And by appointment
- No Delivery Service

Hindu American Temple & Cultural Center | 31 Wooleytown Road, Marlboro | (732) 972-5552

- Call between 8:30-11:30am or 4:30-8pm to register
- Daily 5:30pm-7:30pm
- Packaged food available for drive-thru pick-up
- **NOTE:** Enter the 31 Wooleytown Rd. gate for pick-up & exit the same way

Manasquan

Hope Pantry Community Church | 23 Taylor Av, Manasquan | (732) 223-4115

- Sundays 1-2pm and by appointment

Manasquan Food Pantry | 16 Virginia Av, Manasquan | (732) 223-0898

- Monday and Tuesday 10am-1pm
- Thursday and Friday 1pm-4pm
- 3rd Thursday open until 6pm
- No delivery Service

Matawan

Matawan United Methodist Pantry | 478 Atlantic Av, Matawan | (732) 566-2996

- Thursday 10am-11:30am
- 2nd and 4th Tuesday 6:30pm-7:30pm

Matawan Food Pantry | 201 Broad St, Matawan | (732) 566-2663

- Last Saturday of the month 8am-12pm

Middletown

Calico Cat Pantry | 96 Kings Highway, Middletown | (732) 671- 8775

- Wednesday 9am-12pm
- Pre-packaged bags for pick up outside only

Township of Middletown | Middletown Helps its Own | (732) 787-3604

www.mhio65@gmail.com

Neptune

FPC Food Outreach | 142 Oxonia Av, Neptune | (732) 775-8174

- 1st and 3rd Monday 5pm-7pm
- Wednesday 12pm-2pm
- Saturday 12pm-2pm

Greater Emanuel Food Pantry | 423 Drummond Av, Neptune | (732) 774-1963

- 2nd Tuesday 11am-3pm and 3pm-5pm
- 2nd Sunday 1pm-3pm

Mt. Olivet | 1707 Washington Av, Neptune | (732) 775-4333

- 1st Wednesday
- Please call to register first
- No delivery service

Jersey Shore Dream Center | 1710 Columbus Av, Neptune | (877) 391-5732

- Tuesdays and Wednesdays 11am-1pm

St Peter's Primitive Baptist Church | 211 Belmont St, Neptune | 732-988-3910

- 2nd and 4th Wednesdays 10am – 2pm

Oakhurst

Sephardic Bikur Holim Pantry | 200 Norwood Av, Oakhurst | 732-531-1117

- Call for food assistance

Ocean Grove

St. Paul's Ocean Grove | 81 Webb Av, Ocean Grove | (732) 775-1125

- Thursday 3pm-5pm

Red Bank

BPC Food Pantry | 247 Broad Street, Red Bank | (732)747-0446

- Monday 5:30pm-7:30pm
- Pre-packaged only
- Curbside pick-up only
- Only 1 family member per pick-up
- All are welcome / No proof of residency required
- No Delivery Service available

JBJSoul Kitchen | 207 Monmouth Street, Red Bank | No calls please

For information refer to the website: jbjsoulkitchen.org

- Open for Take-out for their in-need community only
- Meals ordered & distributed in the outdoor space only (limited menu)
- Mon/Tues Closed
- Wednesday - Saturday 4:00pm-6:00pm
- Sunday 10:30am-11:30am
- No Delivery Service available

Lunch Break | 121 Dr. James Parker Blvd, Red Bank | (732)747- 8577

- Non-perishable and monetary donations only
- Claire's Closet is suspended until further notice
- Food Pantry (bagged groceries distributed at back door only of the Client Choice Pantry)
- Mon/Tues/Thurs/Fri 10am-3pm
- Wednesday 10am-6pm
- Saturday 9am-12pm
- No Delivery Service available

Lunch Break Soup Kitchen

- Meals distributed "to go" at the blue doors of the dining room
- Continental Breakfast, Monday - Friday 8:30-10am
- Hot Lunch, Monday – Friday 11am-1pm
- Community Dinner, Fridays 6pm-8pm
- Saturday Breakfast, 10am-12pm

Parker Family Health Center | 211 Shrewsbury Ave, Red Bank | (732)212-0777

- "Mobile Pantry hosted by PFHC & Fulfill
- Every 1st Thursday of the Month
- Hours: 1pm-2pm
- Please bring your own bags
- Everything is offered for free
- No ID required

Pilgrim Baptist Church | 172 Shrewsbury Ave, Red Bank | (732)747-2343

- Host Pop-up Pantries periodically
- We will update when information is available

Red Bank Family YMCA | 166 Maple St, Red Bank | (732) 741-2504

- No service available at this time

Salvation Army | 180 Newman Springs Rd, Red Bank | (732) 747-1626

- Food Pantry by appointment only

St. Anthony's Pantry | 121 Bridge Av, Red Bank | (732) 747-0813

- Mon-Tues 6pm-7pm

Tinton Falls

Glad Tidings Pantry | 4012 Asbury Av, Tinton Falls | (732) 922-9189 Ehesek Hill

- 2nd Tuesdays 5-7pm
- 4th Mon 5-7pm

Collingwood SDA Pantry | 276 Shark River Road, Tinton Falls | (732) 922-1675

- 4th Monday 2pm-6pm

Union Beach

Faith Chapel | 1015 Union Av, Union Beach | (732) 264-5248 Ruth Allen

- **Loaves and Fishes Emergency Pantry**
 - 3rd Saturday 9am-1pm

Friends of Bayshore | (732) 320-2441 John Merla

- Delivery and food services
- Deliver meals, medicine, groceries and may pay for medication

RAINE Foundation | Reaching All In Need Every Day | (732) 865-3555

- Contact www.rainefoundation.com
- **RAINE** is a foundation created to assist children in crisis providing assistance with food, clothing, emergency housing and other necessities (732) 865-3555
- Serving the Bay Shore area including Keyport, Keansburg, Union Beach, Hazlet, Holmdel, Matawan and Middletown.

Wall

Abundant Grace Pantry | 4041 Squankum-Allenwood Rd, Wall | (732) 835-2726

- Wednesdays 3:30pm-5:30pm
- No Saturdays

West Long Branch

Ezekiel's Wheels | (732) 618-2440 | Rev. Sue

- Care packages, grocery shopping for homebound

Reformation Food Pantry | 992 Broadway, West Long Branch | (732) 229-9180

- Tuesday
 - Hours: 7pm-8:30pm
- Saturday
 - Hours: 8:30am-10am
- No Delivery Service

BLESSING BAG BRIGADE NJ | 125 Red Hill Road, Holmdel NJ

A non-profit organization dedicated to showing compassion and humanitarianism toward the homeless and those in need.

- They collect and distribute men's socks, snack foods, including breakfast bars, water bottles, shampoo, body soap, toothbrushes, travel sized toothpaste, lotion, deodorant, razors and more.
- They have more than 20 drop off locations in Monmouth County.
- Currently serving GRAB N GO lunches at St. Peters in Freehold Wednesday and Thursdays from 12pm-1pm.
- Please sign up at: <https://www.sighupgenius.com/go/60b084fa9a92da4f49-stpeters>

Blessing Bag Brigade will work with volunteers to deliver food to the elderly by request only, at: www.blessingbagbrigadenj.org

For more information follow them on FACEBOOK | Founder is Kevin P. Garrison

Free School Breakfast | Lunch | After-School Meals Information for Monmouth County

Hunger Free New Jersey | hungerfreenj.org

Special Pandemic-EBT Benefits Card Issued

In addition, special Pandemic-EBT (P-EBT) benefits are being provided to children who normally receive free or reduced-price school meals. For the 2019-2020 school year, benefits were sent to eligible families. Families received up to \$416.10 for each eligible student for nutritional support during the time that schools moved to remote learning during the pandemic.

For the 2020-2021 school year, P-EBT benefits in the amount of \$99.62 per eligible child are being issued for students receiving free- or reduced-price school meals and are attending schools with a remote learning schedule of at least 5 consecutive days. (This benefit is not available for students at schools conducting classes in person or a hybrid of in-person and remote that don't meet that definition.)

No application is necessary. The majority of P-EBT eligible families participating in SNAP will receive their benefit on their household's existing Families First EBT card. All other P-EBT eligible households were mailed a P-EBT card.

If you have not received your 2020-2021 P-EBT benefits, you should contact your school to confirm the address they provided. If the address is correct or you have your mail forwarded, please wait for the card to come in the mail. If the address is incorrect, call your [local county board of social services](#) for a replacement card. More information is available on the [P-EBT page](#) including answers to FAQs.

Aberdeen-Matawan Regional School District (732) 705-5320

- Breakfasts will be served in classrooms.
- Lunch will be take home bag style unless you're a full day student.
- Meals will be delivered to classrooms and provided to eligible students using a grab and go style unless you're attending "full day". These students will eat in classrooms following social distancing at least 6' apart.
 - Meals will be pre-ordered, both breakfast and lunch
 - An option to order by the month will be available and encouraged to ensure successful delivery of meals.

Asbury Park

When in full remote instruction, meals can be picked up for children under the age of 18 between the hours of 10am and 1pm.

Distribution Locations:

- Dr. Martin Luther King Middle School at 1200 Bangs Avenue, Asbury Park
- Thurgood Marshall Elementary School at 600 Monroe Av. Asbury Park.
- Martin Luther King Upper Elementary School at 1200 Bangs Av, Asbury Park
- Thurgood Marshall Elementary School at 600 Monroe Av, Asbury Park

Students receiving classroom instruction K-12 will be provided with breakfast in cafeteria or gymnasium adhering to social distancing guidelines. Lunches will be grab and go.

Colts Neck

- During Phase I and II of the Colts Neck Township Schools Restart and Recovery Plan, meals will not be provided and the district will operate under its short session schedule for students.
 - While students are eating snacks for students who are in Colts Club Aftercare, students shall bring food and drinks from home. Students will wash their hands prior to eating their lunch and practice good hygiene
 - Outdoor spaces will be utilized for student's snacks and meals for students in Colts Club Aftercare.
 - When students cannot eat outside due to inclement weather, students will be seated in socially distanced spaces, facing the same direction.
- During Phases III and IV when cafeterias or group dining areas are used in the school district, the school district will incorporate the following into the District's Plan, if applicable:
 - Stagger times to allow for social distancing and clean and disinfect between groups.
 - Discontinue family style, self-service, and buffet.
 - Clean and sanitize tables/surfaces between each meal service, pursuant to the protocols outlined by the EPA.
 - Space students at least six feet apart (if applicable).
 - Require individuals to wash their hands after removing their gloves or after directly handling used food service items.

Eatontown

Grab and Go lunches will be provided to students in the following manner and will be shelf stable as well as made available for students to take home in a box/bag containing multiple meals:

- Monday and Tuesday (A-L) students: Breakfast will be served; students will come through the line to be served and go directly to a seat where they will sit 6 feet apart.
- Lunch will be distributed to classrooms at the end of the day. On Tuesdays (A-L) students will take home enough breakfast and lunch meals for three days (Wednesday, Thursday, Friday).
- Thursday and Friday (M-Z) students: Breakfast will be served; students will come through the line to be served and go directly to a seat where they will sit 6 feet apart.

- Lunch will be distributed to classrooms at the end of the day. On Fridays (M-Z) students will take home enough breakfast and lunch meals for three days (Monday, Tuesday, Wednesday).

Eatontown Breakfast procedures:

- Students enter the cafeteria wearing a face covering single file maintaining social distancing guidelines to get their food and check out. Students will be provided guidance where to sit and stay socially distant.
- Lunch will be distributed to classrooms for students to take home.

Eatontown Lunch procedures:

- Preschool will be served breakfast and lunch in the classroom. 8am-10am and 12:30pm 2pm at Memorial Middle School.
- On Monday, September 14, 2020, normal distribution will begin on Mondays only. Should you have any questions or concern, please do not hesitate to call our food service manager Valerie Chernish at (732) 935-3324 ext. 1031.

Fair Haven

1. Eating in the classroom

- a. During Phase 1, Phase 2, and Phase 3 or reopening, snack opportunities may be provided to students within the classroom
 - i. Any food consumed in the classroom shall be nut free to ensure student safety
 - ii. Additional allergy considerations will be made on a case by case basis depending on additionally identified allergies present

2. Lunch

- a. Lunch will not be included in daily schedule during Phase 1, Phase 2, or Phase 3 of the district's reopening plan

- b. Lunch service for free and reduced students will be facilitated via family pickup paid for by the school district and provided by a locally approved vendor during Phase 1, Phase 2 and Phase 3 of reopening.

3. Lunch during Phase 4

- a. Lunch during Phase 4 of reopening will be provided in school and free and reduced lunch will be facilitated by typical district protocols
 - i. Lunch during Phase 4 will be eaten in the classroom
 - ii. Any food consumed in the classroom shall be nut free to ensure student safety
 - iii. Additional allergy considerations will be made on a case by case basis depending on additionally identified allergies present
 - iv. The district will provide classroom bins and delivery carts labeled with room numbers to facilitate lunch delivery within the classrooms during Phase 4 or reopening

4. Leaving school grounds for lunch

- a. Middle school students will not be permitted to leave the school grounds for lunch until all COVID-19 related restrictions have been lifted and normal school operations resume

Freehold

Full Day or Half Day Plan as follows for students in district

- Breakfast in the cafeteria after the bell.
- Lunch grab and go containing current day and next day lunches.

Full Day or Half Day Plan for students on virtual instruction.

- Breakfast and Lunch Food distribution from the YMCA Community Center 9am-12pm 41 Center Street, Freehold on Mon/Wed/Fri

Hazlet

Students K-6

- Meals will be served in classroom at the conclusion of the day.
- Students will order meals in homeroom and meals, both lunch and breakfast for the next day, will be delivered to the classroom for distribution.

Students 7-12

- Parents are encouraged to assist middle schoolers with pre-ordering meals at home the night before each in-person school day.
- At the conclusion of block 4, students will pick up their "to go" meals in the cafeteria as they exit the building. (Both lunch for the day and breakfast for the next day)
- Students will pick up their "to go" meals for their virtual days along with their same day meal order. All guidelines for free and reduced meals will be observed

Holmdel

Critical Area of Meals, Holmdel Township Schools will provide meals to free or reduced students who are learning remotely in the following ways:

- Meals will be distributed in bulk as grab and go packs on Mondays for several hours in the morning.
- Food service personnel and individuals picking up meals will be required to wear face coverings.
- Individuals picking up meals will be urged to maintain social distance while waiting to pick up their meals.

Howell

In cases where dining areas are adjacent to each other, students will be required to remain with their cohort group.

- Students will wear facial coverings when entering these group dining areas and while getting their lunch.
- Students who bring their lunch will be seated upon entering the dining area.
- Students buying their lunch will maintain social distance as they approach the lunch counter.
- Lunches will be served by appropriately trained food service personnel wearing appropriate PPE. Students will not self-serve lunch from a buffet or partake in family style dining.
- Students will maintain social distance while waiting to pay for their meal.
- Students will be seated at tables which allow for social distancing to the maximum extent possible.
- Tables will be cleaned pursuant to the protocols outlined by the EPA and disinfected between groups of students.
- Staff will be required to wash their hands after removing their gloves or after directly handling used food service items. In the Critical Area of Meals, Howell Township Public Schools will offer breakfast to students in grades PRE K - Grade 8 in the following manner:
 - Students may receive breakfast from a cart.
 - Students will wear facial coverings when approaching the cart.
 - Students will not touch the food, but will be given wrapped items by food service personnel.
 - Students will wear facial coverings when approaching the cart.
 - Students will not touch the food, but will be given wrapped items by food service personnel.
 - Students will consume breakfast in their first period class.
 - Desks will be wiped down with disinfectant wipes following breakfast.

In the Critical Area of Meals, Howell Township Public Schools will provide meals to students who are learning remotely in the following ways:

- The following plan is pending approval from applicable agencies.
- Meals will be distributed in bulk as grab and go packs on Fridays for several hours in the morning.
- Meals will be distributed in the lobby of four school locations and via school buses which will stop at 31 stops in the more remote locations of the Township.
- Both breakfast and lunch meals will be included.

- Meals will be offered to all students, if allowable by waiver, but emphasis will be placed on notification to the student population who qualify for free or reduced meals.
- Food service personnel and individuals picking up meals will be required to wear face coverings.
- Individuals picking up meals will be urged to maintain social distance while waiting to pick up their meals.

Keansburg

Breakfast and lunch K-12 will serve lunch to all students on site utilizing “grab and go” stations. Distribution for students in school:

- Preschool lunch in classrooms with a “grab and go” breakfast.”
- Caruso School, Bolger School and Keansburg High School meals will be given to students at the exit.

Distribution for students Remote Only:

- There will be a 2 day pick up on Mondays and Wednesdays at their respective schools.

Little Silver

- Students will be provided with meals on a grab and go basis at dismissal.
- All food containers will be disposable. Hand sanitizer will be made available in food service and eating areas. All surfaces, tables and chairs will be sanitized and cleaned after lunch service.
- Lunch will be provided as “grab and go only”. Meals served will not be intended to be consumed in the building and taken home. Unless for a self-contained class which can be eaten on premises in designated locations by building.
- Students will be dismissed in phases to accommodate social distancing and less traffic flow. Markham Place students who wish to purchase lunch will proceed to the cafeteria to pick up prepaid lunch. Point Road students will have prepaid lunch outside the classroom for easy pickup. Signage will be on floors, doors and walls to remind of social distancing. Cashless payment will be encouraged. Parents will be encouraged to fund their student’s meal accounts to lessen the need for cash payment.
- A barrier will be placed between food service staff/cashier and students.
- Reach in drink refrigerators will not be available for students to grab and purchase, only a designated lunch employee can utilize. Water fountains will be closed, however, bottle fillers on the water fountains will be available for student and staff use. These dispensers will be sanitized throughout the day.
- In the event of a change in daily educational requirements that allows for relaxation of current directives and the schedule allows for in person consumption of meals, the custodians will fully clean and sanitize after each meal period. The district will implement new meal period schedules to allow for full cleaning and any other directive required to be followed. Once the district moves to Phase 4 of the reopening process social distancing guidelines will be adhered to in lunch room spaces.

Long Branch

Grab and Go meals will be provided for ALL children who want them.

- Parents may go to location nearest to them
- Pick up days are Mon/Wed/Fri and will include meals for extra day/days
- Pick up time is 11:30am-1:00pm

4 Pick-up Locations available

- Gregory School | 201 Monmouth St, Long Branch
- Lenna Conro School | 835 Long Branch Av, Long Branch
- Holy Trinity School | 375 Exchange Place, Long Branch
- Long Branch Middle School | 350 Indiana Av, Long Branch

Manalapan/Englishtown

Meals available for PICK-UP only.

- Parents required to pick up meals at designated time and location.
- All meals must be pre-ordered the week prior.
- Orders completed on Thursday for the following week.
- Pre-ordering is required for students participating in “in person” instruction.

Pick-up window

- Manalapan/Englishtown Middle School 155 Millhurst Rd, Manalapan
- Tuesdays 3-4pm

Middletown

. Food services will provide a “grab and go” style lunch for our Free and Reduced lunch student populations and will be made available, upon request, with the entire school population.

- A Pre-order “app” will be created and available for all parents and Students.
- The Pre-order “app” may also be used to order meals to take Home for virtual instruction days.
- The Food Service Department will provide breakfast for the following school day when distributing lunches in coordination with the Pandemic Response Team.
- Lunches (and the next day’s breakfast) will be distributed at the end of each shortened school day.
- Each school will provide a procedure and location that is efficient, accessible, and discrete for students to acquire their lunch/breakfast.

- With standard lunches and lunch times not available, schools will utilize the unused lunchrooms / APR's, if possible, to assist in scheduling and reducing class size or maximizing 6 ft. distancing.
- Any student that receives/purchases a lunch or breakfast, will not be permitted to eat food during the course of the school day, except for those whose classes are scheduled for a full day of instruction on-campus.
- Food Services, Principals, and Pandemic Response Team will coordinate distribution of lunch/breakfast for after school care students that Receive/purchase lunch.
- Students who are receiving instruction 100% virtually will be able to pick up pre-ordered meals on dates/time and at designated locations that will be determined and published before the start of school.

Neptune /Tinton Falls

Food Services during All-Remote Instruction:

- Meal service starts on Friday, September 4th. Children 18 years of age or younger are eligible for two meals per day, six days per week.
- Meals will be distributed three days per week: Monday, Wednesday & Friday. Each distribution will include two Breakfasts and two Lunches per child.
- All meals will be provided at no charge to families.
- No identification is required.
- **Pickup Locations & Hours:**
 - Midtown Community School: 10:30AM – 12:00PM (Atkins Avenue Portico)
 - Summerfield Elementary School: 10:30AM – 12:00PM (S.W. Cafeteria Entrance)
 - Neptune High School: 12:30PM – 2:00PM (Rear Driveway)
- The provision of free meals to all students is based on the availability of funding from the United States Department of Agriculture. Changes during the school year are anticipated. To secure meal benefits for the entire school year families are strongly encouraged to submit the annual Application for Free & Reduced Price Meals.

Red Bank

The district's goal is to continue to feed our children. However, social distancing and other space restrictions force us to put the traditional cafeteria feeding model on hold.

For in person instruction students:

- Breakfast will be provided and offered as a "Grab and Go" option for students to take home and eat prior to arriving at school.

- Lunch will be delivered and consumed in the classroom through a bagged lunch system. Students will eat in waves in order to reduce the amount of time without a mask.

For **virtual instruction** days, students:

- will receive a “Grab and Go” bag which includes breakfast and lunch prior to leaving for the day. If students are in school in person two days per week, they will receive meals for three days when they leave school and are on virtual instruction.

For **full remote learning** students:

- We plan to distribute meals outside of Red Bank Primary School and Red Bank Middle School. Multiple meals will be included in the “Grab and Go” format.
- Families will be required to order in advance.

Rumson

The Rumson School District is currently operating with a hybrid model / half days of schooling and is currently not serving lunch due to early dismissal.

- Although the district is a non-participant in the Free / Reduced Lunch Program due to low program enrollment, they still offer financial and feeding support directly to families in need.
- Free and Reduced Forms are available on the website
- Please contact Mrs. Denise McCarthy if you or someone you know in the school district is in need of support.
 - dmccarthy@rumsonschool.org
 - 732-842-0354
- All information is completely confidential

Rumson – Fair Haven

School Lunch for the start of the 2020-2021 school year, during our Hybrid Schedule, a grab and go option will be available to students for both breakfast and lunch.

- Students will use their school issued student identification cards to purchase food using their MySchoolBucks account for payment.
- Cash or checks will not be an option.
- Pre-ordering lunches may be preferred and the process may be provided as we get closer to school.
- Please be on the lookout for details. After we return to full school days and are no longer on a hybrid schedule, we will return to normal food service operations, where the following will apply. The Cafeteria Menu is posted monthly on the school website for your reference.
- RFH is continuing with MySchoolBucks, an online school lunch account.
- Online payments and account creations will become active on August 24.
 - • New Parent Account - If you currently do not have an account with MySchoolBucks and would like to create an account, please see the instructions.

You will also receive an email with your child's student ID number (6 or 10 digit number) from rfhbulldogs@rumsonfairhaven.org prior to August 24.

- ● Accounts from 19-20 School Year - All accounts (Grades 9-11) from last school year will roll over to the 20-21 school year. Any remaining balance will be on the account in September.
- ● Already have an Account and have a New RFH Student Entering RFH - You can have multiple students associated to one account. You can log into your current MySchoolBucks account and click on "Add a Student." School Lunch Account Auto-Payments:
- ● Please log into MySchoolBucks.com to confirm or adjust any auto-payments that were set last school year. Auto-payments that were active at the end of the 19-20 school year should remain active for the upcoming school year. Please contact Chris Alworth (calworth@rumsonfairhaven.org) with any questions regarding MySchoolBucks and School Lunch Accounts.

The National School Lunch Program offers free and reduced-cost lunches for students who qualify. Even though RFH is not participating in the program, the same guidelines will be followed for those that meet the criteria. Please contact the Business Office at 732-842-1597 ext. 651 for more information or [click here for more information](#).

Tinton Falls

Tinton Falls School District will continue the availability for low-income students to have meals throughout the school day whether the school is operating full-day, half-day, or full remote learning.

- Phase I plan is to have the full remote day of the week to include breakfast/lunch pick-up that will provide lunch meals for a full school week.
- Phase II will change to 4 full-days of in school instruction which lunch will be served.
- Pick-up meals will still be available for those low-income students who choose to continue remote instruction as permitted by the NJDOE.

Wall

During Phase 1 of the district reopening plan, all students will follow an early dismissal schedule, which does not include a lunch period.

West Long Branch

When the cafeteria or group dining areas are used. WLB will:

- Stagger times to allow for social distancing, and clean and disinfect between groups.
- Discontinue family style, self-service, and buffet.
- Clean and sanitize tables/surfaces between each meal service, pursuant to the protocols outlined here by the Environmental Protection Agency (EPA).
- Space students at least six feet apart.
- Require individuals to wash their hands after removing their gloves or after directly handling used food service items.

WLB will:

- Serve meals in classrooms, grab/go, or outside when possible instead of a group dining area.
- Serve individually plated meals or meals in pre-packaged boxes or bags.
- Ensure students are not sharing food.
- Use disposable food service items (e.g., utensils, dishes).
- Encourage proper hand washing before and after eating meals.

Please note: Breakfast and Lunch will be available for students through pre-ordering grab/go service only during our half day sessions to start the year.

Food Delivery/Pick-up Resources & Services in the Monmouth County Area

Meals on Wheels | (732) 775-0525 | www.interfaithneighbors.org

- Meals on wheels is providing a Noonday meal.
- In response to the COVID 19 health crisis, many enhanced personal facility and vehicle safety protocols have been added to ensure safety of all volunteers, staff and seniors.
- Please understand that the delivery system is under stress at the moment.
- Contact Meals on Wheels to join their program.

Umbrella | (844) 402-2480 | <https://www.askumbrella.com/services>

- Contact-free grocery & medication delivery available nationwide
- Individuals can provide shopping list or ask for a pick-up for an order already placed
- They will charge your credit card the cost of the essentials (if they shop for you) plus a \$10 suggested contribution to support their COVID response efforts after the delivery is completed
- To request a delivery or to find out if service is available in your area:
 - Call: (844) 402-2480
 - Sign-up online : <https://www.askumbrella.com/request-delivery>

Instacart.com | www.instacart.com

- Instacart now has “Leave at My Door Delivery” available to all customers.
- With Instacart, you can shop at the following:
 - Acme,
 - Aldi
 - BJ's
 - Costco
 - CVS
 - Foodtown
 - Petco
 - Sam's Club,
 - Shoprite
 - Target
 - Wegmans
 - Deans Market

Peapod.com | www.peapod.com

- Operated by Stop 'n Shop

Uber Eats Delivery

www.ubereats.com

Grub Hub Delivery

www.grubhub.com

Door Dash Food Delivery

www.doordash.com

Bring Me That Food Delivery

www.bringmethat.com

Steaks and Seafood delivered to your door

www.madeyouhungry.com

Healthy Meals delivered ready to eat

www.mamasezz.com

Healthy Meal Kits ready to cook:

www.hellofresh.com & www.homechef.com

Food Delivery/Pick-up Businesses in the Monmouth County Area

MV Silveri and Sons Inc. | 1095 Towbin Ave, Lakewood | (732) 818-0107

Wholesale Produce Distributor providing Home Bulk Delivery services to families.

To set up an account - Please email them your full name, delivery address, and phone number.

They'll create an account number for you.

Their online store is open you can shop away, checkout, and pay by credit card.

After your order is placed allow 2-4 Business Days for delivery of your products.

Click on "Direct to Consumer" <https://www.mvsilveri.com/>

You can also follow them on Facebook for news & updates. <https://www.facebook.com/mvsilveri/>

- Office Hours 8am-4pm
- Tel. 732-818-0107 / Fax 732-818-0109 / Email mikejr@mvsilveri.com
- \$125 minimum for delivery – call or email by 10pm for next day delivery
- \$50 minimum for pick-up @ their warehouse (you'll see a sign for pick-up at rear of building) – please call ahead for pick-up 732-818-0107

A&J Produce Co. | 506 Atkins Ave, Neptune | (732) 774-7755

Local and family owned produce distributor open to the public

- ajproduceco@yahoo.com
- <https://ajproduceco.wixsite.com/home>
- Monday – Friday 6am-4pm
- Saturday - 6am-1pm
- Pick-up available
- Delivery available

Cutler Produce Wholesale and Delivery | 749 Hope Rd, Eatontown | (732) 380-0620

- www.cuttlerproduce.com
- Order online
- Delivery available

JBJ Soul Kitchen | 207 Monmouth Street, Red Bank | No calls please

For information refer to the website: jbsoulkitchen.org

- You can now enjoy **JBJ Soul Kitchen** meals at home and continue to support their mission of helping feed families in the community.
- They now offer delicious and healthy three-course meals TO GO via GloriaFood's online ordering system.
- The Link is: <https://jbsoulkitchen.org/to-go-meals/>
- Choose your favorites and pick them up curbside at either location:
 - Red Bank
 - Toms River

- **Each \$20 entree comes with your choice of soup or salad AND one dessert. In addition, kid entrees are now complimentary with a purchase of one regular entree.**
- *Please note, when ordering on this system you must purchase at least one entrée for your order to be accepted in the system*

Water Witch Coffee | 67 Waterwitch Av, Highlands | (732) 204-2694

- www.waterwitchcoffee.com
- Local and family owned café currently providing produce and prepared meals for sale
- Open 7am – 5pm everyday

Important: NJ SNAP recipients will be able to use their benefits card to order groceries from Amazon starting on May 27.

Walmarts, ShopRites and The Fresh Grocers that that provide online shopping will also accept online ordering with SNAP benefits starting on May 28.

- Recipients will be able to use their Families First Electronic Benefits Transfer card to purchase eligible groceries from the participating retailers.
- Under federal rules, SNAP benefits cannot be used to pay for delivery fees.
 - For Amazon, recipients can visit [Amazon.com/SNAP](https://www.amazon.com/SNAP) to register their EBT card.
 - For Walmart, recipients can visit <https://www.walmart.com/ideas/discover-grocery-pickup-delivery/walmart-grocery-pickup-accepts-snap-ebt-payments/355540> to learn about Walmart's SNAP online program.
 - For ShopRite, recipients can visit <https://shop.shoprite.com/globaldata/banner-pages/shoprite-from-home>
 - For The Fresh Grocers, recipients can visit <https://shop.thefreshgrocer.com/>
- Any Walmart, ShopRite or The Fresh Grocers that currently provides online shopping will also accept online ordering with SNAP benefits.\
- "For those New Jersey families who may have difficulty getting to the grocery store - and that may be for a variety of different reasons -- using SNAP benefits online can make the basics of feeding yourself or your family a little less complicated," **said Human Services Assistant Commissioner Natasha Johnson, who directs the Division of Family Development that oversees NJ SNAP.** "We continue to urge residents to visit njhelps.org to learn more and apply for food assistance and other benefits."

Walmart

- Grocery delivery orders taken between 11am-7pm
- Place orders online or by using Walmart app choose pick up or delivery
- First hour of store opening is for elderly and “at risk” shoppers

Target

- Orders placed online only
- First hour of store opening is for elderly and “at risk” shoppers

ShopRite

- Delivery orders placed online only
- Must sign up using ShopRite card number
- First hour of store opening is for elderly and “at risk” shoppers

Foodtown

- **Foodtown On the Go store** now available for home delivery services
- To place an order, contact your local Foodtown for more information
- Orders can be placed on-line
- Store has a designated elderly or “at risk” checkout lane

Stop and Shop

- Delivery and pick up orders operated by Pea Pod
- Stores designated hours for elderly and “at risk” shoppers 6-7:30am

Lidle Market

- Delivery available with a membership at Shipt.com.
- Membership fee is now \$49.00, regularly priced at \$99.00
- Designated shopping hours for “at risk” shoppers 7-8am

Aldi Grocery Stores

- Tuesday and Thursdays 8:30-9:30am reserved for elderly and “at risk” shoppers.
- Delivery operated by Instacart.com

Dearborn Market

- Regular delivery of gift baskets (including dry food)
- No grocery delivery or pickup service

Dean’s Market

- Order online at shrewsburyorders@deansnaturalfoodmarket.com
- Tues / Thurs 9-10am reserved for elderly and “at risk” shoppers.
- Delivery service operated by Instacart.com
- Curbside pickup orders accepted until 4:30pm daily

Delicious Orchards

- Mail order department operating as scheduled
- No perishable items shipped
- Regular store hours 9:30am-6pm (closed Mondays)

- Drive through grocery pickup service 10am-3pm
- Video details available at www.deliciousorchardsnj.com

Wegmans

- Designated hours for “at risk” shoppers 7-8AM
- Delivery Service operated by Intacart.com

Whole Foods

- Delivery available through Amazon Prime
- Sign onto prime account and click Whole Foods
- First hour of store opening is for elderly and “at risk” shoppers
- Only 60 guests allowed in the store at the same time.

Eat Clean Bro | 260 South St, Freehold | (866) 258-1890

www.eatcleanbro.com

- View menu online and choose from selection of over 50 meals
- Free delivery within 15 miles of local kitchens.
- Any delivery over 15 miles will charge a \$10.00 fee
- Delivery and pickup schedule available online

Two River Dairy LLC | 517 S 7th Av, Long Branch | (732) 973- 4818

www.tworiverdairy.deliverybizpro.com

- Sign up for service and choose your product online
- Delivered to your door.
- Details available on website

Wild Alaskan Company | www.wildalaskancompany.com

- Wild Alaskan Company is a Delivery Service that connects you to quality seafood. Sign up for a monthly seafood membership on their website.

Wildzora will stock your pantry | www.wildzor.com

- Wildzora offers freeze dried real food meals and snacks.
- Backordered products shipping in 4-8 weeks until further notice

Thrive Market | www.thrivemarket.com

- Your favorite organic & non-GMO brands up to 50% off delivered to your door.
- Every paid membership sponsors a free one for a low income family.
- 100% recyclable packaging and zero-waste warehouses
- One year membership is \$5.00 per month billed yearly

Freshii | 838 State Route 35 Middletown 07748 | www.orderfreshii.com

- Offering curbside pickup

Monmouth Meats | Monmouth Street, Red Bank | www.monmouthmeats.com

- Call in order at (732) 741-5292
- Offering curbside pickup
- Menu available online

Belford Seafood Co Op | 901 Port Monmouth Rd, Belford | (732) 787-6508

- Call in order at (732)787-6508
- Curbside pickup only

Absurd Organics | www.absurdorganics.com

Absurd organics usually does not do “grocery” delivery but during COVID19, we’ve paused to assist in stopping the spread with a Market/Supermarket hybrid grocery delivery service.

Misfits Market | www.misfitsmarket.com

- Ugly, imperfect produce.
- Always fresh, sometimes normal

Panera | www.panera.com

- Panera Grocery is an alternative to ordering in-demand food items.
- They offer groceries such as the following: Breads, bagels, milk, Greek yogurt, yogurt tubes, cream cheese, apples, avocados, blueberries, grapes, and tomatoes.
- Select the Panera Grocery option on the website.

Staples | www.staples.com/freshgroceries

- The office supply store is selling pounds of bananas, oranges and apples starting at \$9.49
- Bagels, cheese, yogurt, other dairy products, bacon, and guacamole also available

Balance by Bistro MD | www.mybalancemeals.com (844) 411-2252

- No minimums
- No memberships
- Prepared meals and snacks delivered to your door
- Dietary needs and allergies can be accommodated

Local 130 Seafood | 1305 Memorial Drive Asbury Park | (908) 783-2325

- www.localseafood.com
- Offering Next Day Delivery Service
- Shop retail in Asbury Park location

Baby Formula / Infant Needs /Senior Nutrition Resources:

Bayshore Family Success Center | 945 NJ-36, Leonardo| (732) 497-3811

- familysuccess@ymcanj.org
- Located in the Henry Hudson Trail Activity Center
- Pop-up Baby Pantry (diapers, formula and wipes)
- The Pantry is open on the first Friday of every month
- Please call (732.497.3811) or email us (familysuccess@ymcanj.org) to register by 7pm on the Thursday before each pop up.
- Contactless pick up in their parking lot.
 - Next date: Friday, April 2, 2021
 - Hours: 10am-1pm
- For more information, visit: ymcanj.org/event/baby-pantry-contactless/?instance_id=2689

Child Care Resources (Diaper Bank)

- www.ccrnj.org
- Contact person: Chelsea Sheedy
- 732-918-9901 x113
 - Families are eligible to receive diapers on a monthly basis with an agency referral

WIC / VNANJ

88 Main Street, Belford 07718 (732) 471-9301

<http://www.vnahg.org/wic>

- NJ Early Intervention System (NJEIS) is still be offered, which provides services & supports for families with children ages infant to 3 years, who have developmental delays or disabilities via Telehealth. Call the toll-free number, 888-653-4463 or contact Kristina Montague, Referral Unit Manager, via email: kmontague@cjfhc.org or Cynthia Newman, Regional Director, via email: cnewman@cjfhc.org.
- Pregnancy / Breastfeeding COVID-19 guidance available 202-232-5492
- Further information is available on their Facebook page
- NJ WIC is open for business and services are now available by phone. During the COVID19 pandemic, participants will continue to receive benefits. At this time, WIC is allowing additional food items. Call your local WIC office.

Similac –

Not providing for free at this time, however working on keeping inventory in stores. There is a samples / savings program parents can sign-up for: <https://similac.com/strongmoms>
Currently still available for direct-ship, home-delivery. To order Similac, visit major retailers below:

- Walmart.com
- Target.com
- Amazon.com
- Costco.com
- Sam's.com
- BJ's.com

A Message from the makers of Similac:

The safety of our customers is at the forefront of everything that we do. While health and safety standards and procedures are followed daily at our manufacturing facilities, we want to make you

aware of the extra precautions we are taking to ensure everyone stays healthy during this heightened concern about COVID19.

A Message from the makers of Enfamil:

We have added precautionary measures to every step of our formula making process. We will continue to implement advanced risk management strategies as the situation evolves in order to protect and serve our community. Join Enfamil Family Beginnings program to get baby formula coupons and other savings

Order online at Walmart, Target, or Amazon

A Message from the makers of Gerber:

We want to reassure families that we are here to navigate the COVID19 situation and ensure families can access our nutritional formulas, foods and beverages as the response to the pandemic evolves.

Families can find information about discounted products on our website

www.gerber.com/coupons

IMPORTANT NOTICE REGARDING BABY FORMULA:

UNDER NO CIRCUMSTANCES should parents water down baby formula because the exact formulation is needed to give babies enough calories and adding water to formula can cause a dangerous drop in baby's sodium level. This could lead to serious complications such as seizures.

If you find yourself in an emergency where you need formula and are unable to access it through deliver, the American Academy of Pediatrics recommends the following:

Feeding America is a non-profit network of 200 food banks. Many provide free baby food and infant formula. Find your local food bank.

Dial 2-1-1 to be connected to a community resource specialist who can help you find local resources.

Pet Nutrition Resources:

MCSPCA

- Staff available for pet tips as owners return to work.
- Visit Monmouth County SPCA

Farmer's Market (Open Air) in the Monmouth County Area

Aberdeen / Matawan

Samaha's Farm | 704 Lloyd Rd Aberdeen | (732) 566-2474
Spring Season will be starting soon

Atlantic Highlands

Spring Season will be starting soon

Englishtown

Spring Season will be starting soon

Farmingdale

Collinwood Market | N Atlantic Av Farmingdale | (732) 938-7941
Open Saturdays year round 8:00 am – Noon

Freehold

Downtown Freehold Farmers Market - Jersey Fresh | 1E Main Street Hall of Records,
Freehold

Spring Season will be starting soon

Fresh Markets

Is sponsoring 2020 Markets in Asbury Park, Bell Works & Jersey Shore Premium Outlets

For updates: <https://www.bellworksfresh.com/>

- **Jersey Shore Premium Outlets Outdoor Market** | 1 Premium Outlet Blvd, Tinton Falls
 - Spring Season will be starting soon
 -
- **Bell Works Fresh Outdoor Market** | 101 Crawfords Corner Rd, Holmdel
 - Spring Season will be starting March 17, 2021
 - Every Wednesday, 11:00am – 4:00pm
 - On “The Block” inside Bell Works
 - Over 20 local vendors
- **Asbury Fresh** | Kennedy Park, Asbury park
 - Returning Mid-April for 2021 Season
 - More information to come

Long Branch

West End Farmer's Market | 607 Ocean Ave, Long Branch Av (West End Park)
Thursdays, from June - November

Hours: 9AM to 3PM

- The West End Farmers' Market will return in the Spring 2021
- Please check their Facebook page for updates
- Featuring fresh local produce and locally crafted food items such as Jersey Fresh organic locally grown produce, flowers, jams, baked goods, cheeses, salsas, soups and more.
- New seasonal items arrive each week!
- *PLEASE FOLLOW SOCIAL DISTANCING GUIDELINES!
**MASKS SHOULD BE WORN
[#LongBranch](#)

Lincroft

Closed for season ... outdoor market will reopen in the Spring 2021

Capelli Farms 1537 W. Front Street, Lincroft (732) 796-2684

- Offering fresh quality produce at great prices
- Hours of operation are Monday-Saturday 10am-6pm and Sundays 10am-4pm

Manasquan

Market will reopen in the Spring 2021

Atlantic Farm Market 1506 Atlantic Av, Manasquan | (732) 528-8660 |

- Offering plants, flowers, produce as well as dairy items.
- Market hours of operation are daily 10am-5pm

Red Bank

Farmers Market will reopen in the Spring 2021

Red Bank Farmer's Market | 2 Bridge Avenue | (732) 530-7300

On the corner of West Front St. and Bridge Ave in the Galleria Red Bank Parking Lot

Every Sunday May – November, weather permitting

- Market hours 9am-12pm
- Face masks required to be worn by customers and practice social distancing

NOTE: The Galleria Farmers Market offers fresh, locally-grown produce from NJ's finest farmers. Only food will be sold and COVID protocols will be observed until further notice Held in the heart of Red Bank's Arts & Antique District at the historic

Wall

Allaire Community Farm Market | 1923 Baileys Corner Road, Wall Township | 732-796-3298

- **Closed for season ... outdoor market will reopen in 2021**
- For updates, go to:
 - <https://allairecommunityfarm.org/shop/>
 - Facebook: [allairecomfarm](#)
 - Twitter: [@allairecomfarm](#)

NOTE: ALL of the information listed on this document is updated to the best of our ability. Supply and staff / volunteer challenges may cause changes in resource services periodically. Please be advised that information for all of the listed resources can be changed at a moment's notice and we will continue to strive for the most accurate and up-to-date information as possible. Thank you.