



Treatment Plans

Our mission is to educate, enrich, and empower families and individuals in need of mental health care. We provide the support needed for families to improve the life of their loved ones.

ABA providers become the most familiar practitioner with individuals with Autism. At EMIT Therapeutics our ABA providers collaborate and ensure cross communications between all your providers. We also ensure transferring skills to the parents, as we firmly believe the parent is the most important stakeholder in the individual's treatment plans.

Autism
&
Applied
Behavior
Analysis



Behavior Analytic Services

Our therapists and BCBA's provide home-based and/or center-based services, at our EMIT Therapeutics Center, that focus on a wide range of behaviors to promote development. Some of the areas we focus on are language, emotional regulation, self-help for daily living, critical thinking & problem solving, and more. We also focus on reducing problem behaviors, appropriate play skills, and generalizing learned skills across multiple

EMIT Therapeutics

Holmdel, NJ

908-705-6728

www.emittherapeutic.com

E M I T



Autism Services

*Empowering Minds Into
Transformation*

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Helping Families Put

The Pieces Together



Our Integrative Approach

Autism impacts a whole family rather than just the individual. We continually develop initiatives and gather resources to provide the support needed to aid families with the necessary tools through the journey with Autism. Some are:

Social Skills Group is provided with the goal to teach children and adults to understand social cues needed for interactions. We use role-play and games to help learn these essential skills. Data is collected and analyzed to ensure progress is being made.

Parent Training provides the necessary skills and techniques to empower parents to manage difficult behaviors. Parent training is customized to each individual's targeted issues to help the parent identify and tackle these issues. By doing this, our goal is to eventually fade our services out making sure the parent has the tools necessary to better serve their loved ones.

Group Counseling involves one or more counselors working with several clients at the same time and is designed to target a specific problem. Meeting other people with similar situations and working through them together is both helpful and valuable. The benefit of group therapy includes: realizing you're not alone, giving and receiving support, and helping relate to others in healthier ways.

Family Counseling is counseling that includes members of a nuclear, step, or at times extended family. The goal of family counseling can include reducing conflict, improving communication, understanding and handling special family situations, and creating a better functioning home environment. It is an ideal counseling method for helping family members adjust to an individual's problem that is affecting the entire family, such as an addiction, depression, or behavioral problems.

Counseling is a professional and collaborative relationship between the counselor and client(s). Counselors assist their clients in accomplishing their mental health, personal, wellness, education, and career goals. They work together to identify these goals, seek to improve communication and coping skills; strengthen self-esteem; and promote behavior change and optimal mental health.

Q&A

What are the Autism-related services that EMIT Therapeutics offers?

- ABA Therapy
- Social Skills Groups
- Parent Training
- Adjustment Therapy
- Advocacy
- Workshops
- Counseling
- Family Counseling
- Group Therapy
- School-Related Services:
 - Functional Behavior Assessments
 - IEP Support & Consultation
 - Educational Consulting, we can collaborate with your school district for maximum results.

Also, ask about how we can provide Physical Therapy, Occupational Therapy, Speech Therapy, and/or Nutrition with our center-based services.

