



Outpatient Treatment Services Overview *and locations*

CPC is a non-profit, community behavioral health agency that provides a full continuum of services for children, adults and families. CPC's four counseling centers throughout Monmouth County, NJ, offer individuals access to treatment through an integrated system of care designed to promote recovery and to enhance productive and meaningful lives. CPC Behavioral Healthcare's outpatient counseling and psychiatric services are person-centered, provided by licensed and experienced professionals utilizing evidence-based treatment practices.

Services for Children, Adolescent and Adults:

- Psychiatric Evaluation and Medication Monitoring
- Biopsychosocial assessment and individualized treatment planning
- Individual, Group, and Family Therapy for Mental Health, Substance Use and Co-occurring Disorders
- Medication for Opioid Use Disorders (MOUD) and Medication for Alcohol Use Disorders (MAUD)
- Intensive Outpatient Programs for Substance Use
- Care Management
- Peer and Family Support Services
- Ambulatory Withdrawal Management
- Crisis intervention Services
- Primary care screening and monitoring

Aberdeen Counseling Center
1088 Highway 34, Aberdeen, NJ

Monday, Tuesday, & Thursday:
8:00am - 9:00pm
Wed. & Friday: 8:00am - 5:00pm

Freehold Counseling Center
22 Court Street, Freehold, NJ

Monday & Friday 8:00am to 5:00pm
Tues. - Thursday: 8:00 am - 8:00pm

Helen Herrmann Counseling Center
270 Highway 35, Red Bank, NJ

Mon. Wed., Thurs. 8:00am - 9:00pm
Tuesday: 8:00am - 8:00pm
Friday: 8:00 am - 5:00 pm

Howell Counseling Center
4539 Route 9, Howell, NJ

Mon. & Friday - 8:00am to 5:00pm
Tues. & Wed. - 8:00am to 8:00pm
Thursday - 8:00am to 6:00pm

For more information or to make a
referral, contact 800-250-9811

We will make a full assessment and help the individual link to the most appropriate care to meet their individual needs.

- Bilingual Staff & Interpretation Services Available.
- Inquire about transportation services.
- Telehealth options available.
- Individuals we serve can benefit from our trauma-informed, multidisciplinary approach to treating mental health and substance use disorders.

LOCATIONS:

Aberdeen • Freehold • Howell • Red Bank

CPC ADMINISTRATIVE OFFICE:
10 Industrial Way East, Suite 108
Eatontown, NJ 07724

We accept Medicaid, Medicare and most
private insurance.