

ADULT INTENSIVE OUTPATIENT PROGRAM



Counseling & Social Services:

The YMCA of Greater Monmouth's substance abuse Intensive Outpatient Program (IOP) addresses addiction issues while helping each individual explore the factors contributing to their illness and to identify all the measures necessary to sustain recovery, once it is achieved.

**Monday, Tuesday and Thursday
6–9 P.M.**

DRUG-FREE MODEL

- > Medicaid, private insurance, and self-pay.
- > Sliding scale fees based on income.
- > State funding based on eligibility.



Recovery Maintenance
Group meets
Thursday 7:30–9 P.M.

Family Support Group
meets monthly.

Psychiatric evaluation
and medication
monitoring available.

To access services or learn more,
call **732.290.9040, ext. 0**

The Y. For A Better Us.™

> ymcanj.org

COUNSELING & SOCIAL SERVICES OUTPATIENT OFFICE

YMCA OF GREATER MONMOUTH COUNTY

166 Main Street
Matawan, NJ 07747

732.290.9040
outpatient@ymcanj.org

YMCA NJ.org



922-5441.02-CSS

Here for all.

Financial assistance is offered
based on availability of funds.