



DISCOVERY INSTITUTE

New Jersey Detox & Rehabilitation

WHO WE ARE

Discovery offers a full spectrum of care from medical detoxification to in-patient residential, partial level and out-patient levels of care. We are licensed by the State of New Jersey for the treatment of substance use disorders. The full continuum of care offered at Discovery assists an individual to find their individual pace in recovery.

DETOX

- Around the clock admission capability
- Transport available when needed
- Provides medically expert, safe and comfortable poly substance detoxification, clearing the body of mood altering drugs and alcohol.
- Monitored day and night
- Medical Director, who is ABAM (American Board of Addiction Medicine) certified and a Diplomat on the Board of Addiction Psychiatry and Neurology.
- Team of five multi skilled physicians providing individualized medical treatment.
- Individual counseling
- Detox suites and private courtyard
- Post detox planning provided

RESIDENTIAL

- Team of 15 Masters Level Clinicians
- Designed to gain the skills necessary to change self-defeating ways of thinking and behaving through evidenced based clinical care
- Long and short lengths of stay
- Individualized counseling and treatment plans
- Carefully formulated group interactions
- Staff supervised structured program of recovering peers
- Recreation Therapy
- Anger Management
- Peer to peer motivation and support
- To assist in addressing related issues, based on individual needs, we offer ancillary holistic treatment initiatives including meditation, art therapy, equine therapy and more.
- Chiropractic care and massage therapy
- Aftercare and case management planning provided

15 Masters Level Clinicians

**Our Medical Director is ASAM,
ABAM, Board of Psychiatry Diplomat**

**Approximately 50,000
sq ft of Treatment space**

**State of the Art Modern
Licensed Healthcare Facility**



80 Conover Rd. Marlboro NJ 07746
732.946.9444 • www.DiscoveryNJ.org